

Plainville Community Schools

May 2008

ELEMENTARY SCHOOL MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Ham, Egg & Cheese on a Bagel! Potato Pancakes Baby Carrots and Cucumbers with Lite Dip Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">28</div>	Chicken Fajita Wrap! With Salsa and Cheese, Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk Sugar Cookie! <div style="text-align: right;">29</div>	Meatball Grinder! With Italian Mixed Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">30</div>	Hot Dog on a Wheat Bun! Baked Beans Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">1</div>	Freshly Baked Pizza Slice! Choice of Meatball, Cheese, or Pepperoni! Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">2</div>
Daily Alternates: Turkey, Cheese, & Salsa Chef Salad Peanut Butter & Jelly Sandwich With Cheese Snack				
Breaded Mozzarella Sticks! With Marinara Sauce Whole Wheat Dinner Roll Steamed Broccoli & Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">5</div>	Baked Stuffed Potato! With Taco Meat, Broccoli, Cheese, Sour Cream, & Bacon Bits Green Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk Brownie Dessert Treat! <div style="text-align: right;">6</div>	Baked Chicken Patty on a Wheat Bun! Baked Smile Fries Grape Tomato and Cucumber Rounds with Lite Dip Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">7</div>	Rotini with Meat Sauce! Whole Wheat Garlic Breadstick Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">8</div>	Freshly Baked Pizza Slice! Chicken & Broccoli, Cheese, or Pepperoni! Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">9</div>
Daily Alternates: Veggi & Cheese Chef Salad Peanut Butter & Fluff Sandwich with Cheese Snack				
Chicken Nuggets! Mashed Potato Wheat Dinner Roll Celery Sticks and Baby Carrots with Lite Dip Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">12</div>	Cheeseburger/Hamburg on a Wheat Bun! Baked Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">13</div>	Macaroni & Cheese! Seasoned Broccoli Whole Wheat Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk Pudding Dessert Treat! <div style="text-align: right;">14</div>	Beef Taco Boat! With Lettuce, Tomato, Cheese & Salsa Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">15</div>	Freshly Baked Pizza Slice! Choice of Hawaiian, Cheese, or Pepperoni! Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">16</div>
Daily Alternates: Caesar Chicken Chef Salad Peanut Butter & Jelly Sandwich with Cheese Snack				
Turkey & Cheese Sandwich! On a Bakery Fresh Wheat Roll With Lettuce & Tomato Oven Baked Cosmic Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">19</div>	Chicken Pizza Quesadilla! Mexican Chicken with Mozzarella & Cheddar Cheese with Tomato Sauce & Salsa Folded into a Toasty Flour Tortilla! Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">20</div>	Ziti with Meat Sauce! Whole Wheat Dinner Roll Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">21</div>	Chicken Pot Pie! Diced Chicken, Peas & Carrots in Gravy Topped with Puff Pastry! Wheat Dinner Roll Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk Chocolate Chip Cookie! <div style="text-align: right;">22</div>	French Bread Pizza! Choice of Cheese, Tomato & Basil, or Pepperoni! Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">23</div>
Daily Alternates: Ham & Cheese Chef Salad Peanut Butter & Fluff Sandwich With Cheese Snack				
<h2 style="margin: 0;">Memorial Day!</h2>	Grilled Cheese with Ham! Oven Baked Fries Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">27</div>	French Toast Sticks! With Syrup Lite Sausage Links Baked Tater Tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">28</div>	Oven Fried Chicken! Whole Wheat Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk Jell-O Dessert Treat <div style="text-align: right;">29</div>	Freshly Baked Pizza Slice! Choice of BBQ Chicken, Cheese, or Pepperoni! Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <div style="text-align: right;">30</div>
Daily Alternates: Popcorn Chicken Chef Salad Peanut Butter & Jelly Sandwich With Cheese Snack				

For in Class Ordering: Main Entrée=Choice 1 Chef Salad =Choice 2 Peanut Butter =Choice 3

Italic print Indicates Hot Entrée Alternative – All vegetable & fruit components listed on menu are available with each meal alternate. All cold sandwiches have Lettuce & Tomato. Chef Salad meal includes a dinner roll, fruit, and choice of milk. A fruit juice may be substituted for fruit at any meal. Low-fat chocolate, skim, whole or 1% milk is available with each lunch. Do you have a great idea for a meal you would like to see on the menu? E-mail us at bondij@plainvilleschools.org with your idea. If we use your idea as a menu item you receive certificates for five free meals or free snacks. Please include your name, school, and teacher's name in your submission. Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234.