

Plainville Community Schools

May 2017

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham, Egg, and Cheese on a Whole Grain Bun! Baked Tator tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">1</p>	Whole Grain French Toast Sticks with Syrup! Chicken Sausage Patty Sweet Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">2</p>	Chicken Parmesan On a Whole Grain Grinder Roll! Green Leaf Lettuce with Olives and Mushrooms Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">3</p>	Beef Taco Boat With Lettuce, Tomato, Cheese and Salsa! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">4</p>	Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Fresh Cut Cucumber with Dill of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">5</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles Baked Sweet Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">8</p>	Deli Turkey & Cheese on a Whole Grain Bun! Lettuce & Tomato Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">9</p>	Meatball Grinder on a Whole Grain Grinder Roll! Catalina Mixed Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">10</p>	Stuffed Baked Potato! With Taco Meat, Broccoli, Cheddar Cheese & Sour Cream Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">11</p>	Fresh Made Pizza! Choice of Cheese, Pepperoni, or BBQ Chicken! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">12</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Whole Grain Breaded Chicken Patty on a Whole Grain Bun! Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">15</p>	Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish! BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">16</p>	Whole Grain Pasta with Meat Sauce! Capri Mixed Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">17</p>	Chicken Fajita! Fajita Chicken, Salsa, Lettuce, Tomato & Sour Cream in a Whole Grain Tortilla! Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">18</p>	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Mushroom & Olive! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">19</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
Whole Grain Pancakes with Strawberries! Chicken Sausage Patty Baked Tator Tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">22</p>	Chicken Snack Wrap! Sliced Chicken Breast, Lettuce and Tomato and Cheese, Low Fat Ranch Dressing in a Whole Grain Tortilla Steamed Seasoned Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">23</p>	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">24</p>	Sloppy Joe on a Whole Grain Bun! Fresh Made Black Bean & Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">25</p>	Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Fresh Cut Red & Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">26</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
	Grilled Cheese on Whole Grain Flat Bread! Oven Baked Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">30</p>	Hamburger Parmesan on a Whole Grain Bun! Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">31</p>	Taco Nachos! Taco Meat over Nacho Chips with Lettuce, Tomato, & Cheese Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">1</p>	Fresh Made Pizza! Choice of Cheese, Pepperoni, Grilled Chicken & Broccoli! Fresh Made Green Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">2</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
<p>Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with choice 3 and 4. Yogurt meal also includes a cheese stick.</p> <p><i>Non-fat chocolate, skim, or 1% milk is available with each lunch.</i></p> <p>Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org</p>				