

Plainville Community Schools



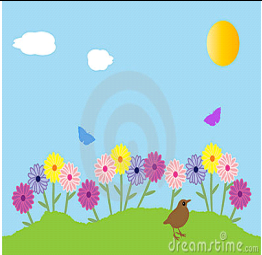

April 2017

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Breaded Chicken Tenders! Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 3	Hamburger Parmesan on a Whole Grain Bun! Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 4	Whole Grain Pasta with Meat Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 5	Grilled Chicken Fajita in a Whole Grain Tortilla! With Lettuce, Tomato, Salsa, and Fajita Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 6	Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Steamed Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 7

Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack

<h1>April Vacation!</h1>				
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Grilled Cheese on Whole Grain Flatbread! Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 17	Stir Fry Chicken & Pineapple Over Fried Rice! Chinese Vegetables Fortune Cookie Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 18	Whole Grain Breaded Mozzarella Sticks with Marinara Sauce! Steamed Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 19	Fresh Made Mild Chili with Nacho Chips! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 20	Fresh Made Pizza! Choice of Cheese, Pepperoni, or White Broccoli! Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 21
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Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack

Hamburger or Cheese Burger on a Whole Grain Bun with Onion Ring Garnish! Baked Eggplant Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 24	Oven Baked Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles Fresh Grape Tomato & Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 25	Whole Grain Pasta with Meatballs! Steamed Spinach with Carrots & Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 26	Fresh Roasted Turkey! Mashed Potato & Gravy Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 27	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Buffalo Chicken! Fresh Made Chick Pea Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 28
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Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack

Ham, Egg, and Cheese on a Whole Grain Bun! Baked Tator tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 1	Whole Grain French Toast Sticks with Syrup! Chicken Sausage Patty Sweet Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 2	Chicken Parmesan On a Whole Grain Grinder Roll! Green Leaf Lettuce with Olives and Mushrooms Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 3	Beef Taco Boat With Lettuce, Tomato, Cheese and Salsa! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 4	Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Fresh Cut Cucumber with Dill of Fresh Fruit in Season or Chilled Fruit Choice of Milk 5
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Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with choice 3 and 4. Yogurt meal also includes a cheese stick.

Non-fat chocolate, skim, or 1% milk is available with each lunch.

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org