

September 2017

PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Price \$1.25

\$.30 for Those Eligible for Reduced Price Lunch

Free for Those Eligible for Free Lunch

Breakfast Is Not Served on Delayed Opening Days!

Please See the Plainville School Website for More Information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Back to Another Fantastic School Year!	Please note that those eligible for Free or Reduced Meals must submit a new application for this year by October 14 th ! Those that do not will lose free and reduced benefits!		Whole Grain Cocoa Chip Breakfast Bar! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 31	Whole Grain Apple Bread Stick! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 1
Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk				
Labor Day!	Mini Cinnamon French Toast! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 5	Whole Grain Cherry Frudel! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 6	Whole Grain Apple Fruit Pocket! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 7	Maple Glazed Pancake! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 8
Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk				
Whole Grain Sweet Potato Roll! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 11	Mini Bagels with Strawberry Cream Cheese! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 12	Whole Grain Cinnamon Breakfast Crumb Cake! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 13	Whole Grain Honey Wheat Breakfast Donut! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 14	Whole Grain Pumpkin Bread! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 15
Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk				
Whole Grain French Toast Breakfast bar! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 18	Whole Grain Apple Breakfast Roll! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 19	Mini Cinnamon Rolls! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 20	Whole Grain Chocolate Chip Breakfast Bar! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 21	Whole Grain Strawberry Banana Muffin! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 22
Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk				
Whole Grain Blueberry Bread! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 25	Mini Maple Pancakes! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 26	Whole Grain Apple Frudel! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 27	Mini Eggo Waffle! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 28	Whole Grain Cherry Fruit Pocket! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 29
Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk				

Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. Wheat Bread or Roll is also available with cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast!

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234, bondij@plainvilleschools.org