

PLAINVILLE HIGH SCHOOL

August 31 through September 1, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals \$2.75</p>				<p>Whole Grain Breaded Chicken Tenders with Choice of BBQ or Buffalo Dipping Sauces! Whole Grain Dinner Roll Crispy Seasoned Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>PHS Pastaria! Whole Grain Pasta With Sautéed Chicken and Choice of Marinara or Low Fat Alfredo Sauce! Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>				<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Meatball! Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust! Fresh Cut Red and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, and Chef Salads to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings & Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p>				<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

September 5 through September 8, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals \$2.75</p>	<p>Labor Day!</p>	<p>Whole Grain French Toast Sticks with Syrup! Whole Grain Dinner Roll Chicken Sausage Patty Oven Baked Tator tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pasta with Meat Sauce! Steamed Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Wok & Roll! Stir Fry Chicken & Oriental Vegetables Nestled in a Whole Grain Grinder Roll! Fortune Cookie! Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Oven Roasted BBQ Chicken! Whole Grain Dinner Rolls Mashed Potato Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>		<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza BBQ Chicken! Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Cheeseburger! Fresh Broccoli Florets Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato & Fresh Basil! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Sausage & Pepper! Fresh Grape Tomato with Fresh Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, and Chef Salads to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings & Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p>		<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

September 11 through September 15, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals \$2.75</p>	<p>Whole Grain Breaded Buffalo Chicken Patty on a Whole Grain Kaiser Roll! With Lettuce & Tomato & Ranch Dressing Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Mozzarella Sticks with Marinara Sauce! Whole Grain Dinner Roll Fresh Steamed Yellow and Zucchini Squash with Fresh Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>No Lunch Served Today!</p>	<p>Stuffed Baked Potato! With Taco Meat, Broccoli, Cheddar Cheese, & Sour Cream Whole Grain Dinner Rolls Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chicken Cacciatore over Whole Grain Pasta! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Steak & Cheese! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza White Broccoli & Garlic! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>		<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken! Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato Olives & Red Onion! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, and Chef Salads to go! Complete Meal \$3.50 <i>Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings & Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</i> <i>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</i></p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>		<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

September 18 through September 22, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals \$2.75</p>	<p>Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish & Lettuce & Tomato! Oven Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Chicken Nuggets with Choice of BBQ or Buffalo Dipping Sauces! Whole Grain Noodles with Fresh Basil Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pasta with Meat Sauce! Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Grilled Chicken Fajita in a Whole Grain Taco Bowl! With Lettuce, Tomato, Salsa, Cheddar Cheese and Sour Cream Steamed Fajita Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Sloppy Joe on a Whole Grain Kaiser Roll! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust! Fresh Made Corn & Pea Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Mushroom! Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza BBQ Pork! Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Meatball! Fresh Cut Red and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Spinach & Sausage! Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, and Chef Salads to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings & Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

September 25 through September 29, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.75</p>	<p>Whole Grain Pancakes With Syrup with Strawberries and Whipped Cream! Sausage Links Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Grilled Southwest Chicken Slices on a Whole Grain Grinder Roll with Roasted Peppers! Black Bean & Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pasta with Meat Balls! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Beef Taco with Lettuce, Tomato, Salsa, & Sour Cream in a Whole Grain Taco Bowl! Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Buffalo Chicken Wrap! With Lettuce & Tomato, Ranch Dressing, & Cheddar Cheese in a Whole Grain Tortilla! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Teriyaki Chicken & Pineapple! Fresh Cut Tomato Wedges with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Fresh Roasted Pepper & Onions! Black Bean & Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato & Pesto! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust! Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Sausage! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, and Chef Salads to go! Complete Meal \$3.50 Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings & Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p style="text-align: center;">Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p style="text-align: center;">Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p style="text-align: center;">Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p style="text-align: center;">Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p style="text-align: center;">Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>