

PLAINVILLE HIGH SCHOOL

September 1, through September 3, 2010	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.50</p>	<p>Welcome Back to another exciting School Year!</p> <p><u>Please be aware that each person must reapply each year for free or reduced meals!</u></p>		<p>Breaded Mozzarella Sticks! With Marinara Sauce Garlic Bread Stick Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chicken Nuggets! Wheat Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Taco Nachos! Taco Meat Over Nacho Chips With Lettuce, Tomato, Cheese, and Salsa Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>			<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato & Bacon! Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Steak & Cheese! Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Crispy Chicken! Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, Chef Salads, and more to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwich comes complete with your choice of Bread, Toppings & Pickle Spear, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p>			<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Premium Entrees!</p> <p>Complete Meals \$3.50</p>			<p>Premium Entrees Will Debut Next Week!</p>	<p>Premium Entrees Will Debut Next Week!</p>	<p>Premium Entrees Will Debut Next Week!</p>

PLAINVILLE HIGH SCHOOL

September 7 through September 10, 2010	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.50</p>	<p>Labor Day!</p>	<p>Foot Long Hot Dog on a Wheat Bun! Baked Crinkle Cut Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Pasta with Meat Sauce! Garlic Breadstick Italian Green Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Scrambled Eggs With Sausage in a Wheat Hot Dog Roll! Oven Baked Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Oven Fried Chicken! Whole Wheat Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>		<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Taco Nacho! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Sloppy Joe! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Sausage & Pepper! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, Chef Salads, and Soup to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwich comes complete with your choice of Bread, Toppings & Pickle Spear, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p>		<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Premium Entrees!</p> <p>Complete Meals \$3.50</p>		<p>Turkey, Bacon, Tomato & Cheddar Panini! Turkey Breast, Hickory Smoked Bacon, Fresh Sliced Ripe Tomato, and Shredded Cheddar Cheese Sandwiched between Fresh Grilled Panini Bread! Served with Baked Crinkle Cut Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Honey Dijon Chicken Breast on a Bakery Fresh Roll! With Lettuce and Tomato On a Served with Italian Green Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Bacon Ranch Burger! Ranch Dressing, Lettuce Tomato & Bacon on a 100% Beef Patty Nestled on a Bakery Fresh Hard Roll. Served with Oven Baked Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Carved To Order Top Round Of Beef! Served with Whole Wheat Dinner Roll Mashed Potato & Gravy Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

September 13 through September 17, 2010	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.50</p>	<p>Baked Chicken Patty on a Wheat Bun! Baked Beans Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Stuffed Baked Potato With Taco Meat, Broccoli, Cheese, Sour Cream, & Bacon Bits! Whole Wheat Dinner Roll Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Macaroni & Cheese! Seasoned Broccoli Wheat Bread Stick Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Cheeseburger or Hamburger on a Wheat Bun! Oven Baked Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Grilled Teriyaki Chicken Nuggets! Whole Wheat Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza BBQ Beef! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Crispy Chicken! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Beef & Broccoli! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Three Cheese Mac & Cheese! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni Today's Specialty Pizza Hamburger! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, Chef Salads, and Soup to go! Complete Meal \$3.50 Made to order Deli Sandwich comes complete with your choice of Bread, Toppings & Pickle Spear, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Premium Entrees!</p> <p>Complete Meals \$3.50</p>	<p>Fried Dough with Marinara Sauce! Served with Mozzarella Sticks Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Pesto Chicken with Italian Grape Tomatoes Over Pasta! Served with Whole Wheat Dinner Roll Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Cheese Calzone with Marinara Sauce! Served with Seasoned Broccoli Wheat Bread Stick Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Crispy Chicken on a Hard Roll! With Lettuce and Tomato Served with Oven Baked Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Carved To order Honey Baked Ham! Served with Whole Wheat Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

September 20 through September 24, 2010	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.50</p>	<p>French Toast Sticks! With Syrup Lite Sausage Links Baked Tater Tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>BBQ Chicken Wrap & Roll! Fajita Chicken with BBQ Sauce Rolled in a Flour Tortilla! Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Meatball Grinder! Italian Mixed Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Country Fried Pork Chop! Mashed Potato & Gravy Wheat Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Taco Wrap! Taco Meat with Lettuce, Tomato, Cheese, and Salsa Nestled in a Flour Tortilla Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Teriyaki Chicken! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza White Pizza with Broccoli & Garlic! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza BBQ Chicken! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Meatball! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Bacon! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, Chef Salads, and Soup to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwich comes complete with your choice of Bread, Toppings & Pickle Spear, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Premium Entrees!</p> <p>Complete Meals \$3.50</p>	<p>No Premium Entrée Today!</p>	<p>Cheese Stuffed Shells with Marinara Sauce! Seasoned Broccoli Whole Wheat Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Southwestern Chicken Breast Sandwich! Boneless Breast of Chicken Rubbed With Spicy Southwestern Spices on a Bakery Fresh Roll Served with Italian Mixed Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Carved to Order Roast Turkey with Mashed Potato & Gravy! Wheat Dinner Roll Tossed Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>No Premium Entrée Today!</p>

PLAINVILLE HIGH SCHOOL

September 27 through October 1, 2010	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.50</p>	<p>Grilled Cheese with Chicken Noodle Soup! Oven Baked Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Honey Mustard Chicken Finger Snack Wrap! Breaded Chicken Fingers with Honey Mustard Dressing & Lettuce & Tomato Wrapped in a Flour Tortilla Baked Smile Fries Fresh or Chilled Fruit Choice of Milk</p>	<p>Breaded Mozzarella Sticks! With Marinara Sauce Wheat Dinner Roll Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Belgium Waffles! Waffle Sticks with Syrup, Strawberries, & Whipped Cream Sausage Links Potato Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Rotini with Meatballs! Wheat Breadstick Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Beef Taco! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Ham, Pineapple & Bacon! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Crispy Chicken! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Sausage & Peppers! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>	<p>Freshly Prepared Pizza! Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato & Basil! <i>Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i></p>
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, Chef Salads, and Soup to go! Complete Meal \$3.50</p> <p><small>Made to order Deli Sandwich comes complete with your choice of Bread, Toppings & Pickle Spear, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</small></p> <p><small>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</small></p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification!</p> <p>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Premium Entrees!</p> <p>Complete Meals \$3.50</p>	<p>Buffalo Chicken Breast! Breaded Chicken Breast Seasoned with Hot Sauce and Herbs & Spices, Served on a Bakery Fresh Roll Baked Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>No Premium Entrée Today!</p>	<p>No Premium Entrée Today!</p>	<p>No Premium Entrée Today!</p>	<p>Yankee Pot Roast! Wheat Bread Stick Mashed Potato & Gravy Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

PLAINVILLE HIGH SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS! Complete Meals</p> <p style="text-align: right;">\$2.50</p>					
<p>PHS Pizzeria</p> <p>Complete Pizza Meal <i>Slice of Freshly Prepared Pizza, Served with Tossed Salad, Fresh or Chilled Fruit, and Choice of Milk</i> for \$3.25</p>					
<p>The Delectable Deli and Salads & Such! Sandwiches, Wraps, Chef Salads, and Soup to go! Complete Meal \$3.50</p> <p>Made to order Deli Sandwich comes complete with your choice of Bread, Toppings & Pickle Spear, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit & Choice of Milk</p>					
<p>Premium Entrees!</p> <p>Complete Meals \$3.50</p>					