

# MIDDLE SCHOOL OF PLAINVILLE

August 31 through September 1, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>				<p><b>Whole Grain Breaded Chicken Tenders!</b>            Whole Grain Dinner Roll            Crispy Seasoned Potato Wedges            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Stuffed Crust Pizza!</b>  <b>Choice of Cheese, Pepperoni, or Red &amp; Green Pepper!</b>            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <b>\$2.75</b></p>				<p><b>Freshly Prepared Pizza!</b>            Choose From  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Made Mexican Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b>  <b>Complete Meal \$2.75</b></p>				<p><b>Fresh Made Tuna Salad on a Whole Grain Pretzel Roll!</b>            Lettuce and Tomato            Fresh Made Mexican Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Turkey &amp; Cheese on a Whole Grain Kaiser Roll!</b>            Lettuce and Tomato            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>

# MIDDLE SCHOOL OF PLAINVILLE

September 5 through September 8, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>	<p><b>Labor Day!</b></p>	<p><b>Whole Grain French Toast Sticks with Syrup!</b>            Chicken Sausage Patty            Oven Baked Tator tots            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Pasta with Meat Sauce!</b>            Steamed Seasoned Broccoli            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Stir Fry Chicken Over Fried Rice!</b>            Oriental Vegetables  <b>Fortune Cookie!</b>            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Breaded Boneless Pork Chop with Gravy!</b>            Whole Grain Dinner Roll            Mashed Potato            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <b>\$2.75</b></p>		<p><b>Freshly Prepared Pizza!</b>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Made Potato Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Broccoli Florets            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from  <b>Mozzarella, Pepperoni, or Meatball!</b>            Fresh Cut Red and Green Pepper Strips            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Grape Tomato &amp; Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b>  <b>Complete Meal \$2.75</b></p>		<p><b>Fresh Made Egg Salad on a Whole Grain Kaiser Roll!</b>            Fresh Made Potato Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Fresh Made Chicken Salad on a Whole Grain Grinder Roll!</b>            Fresh Broccoli Florets            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Ham &amp; Cheese on a Whole Grain Pretzel Roll!</b>            Lettuce &amp; Tomato            Fresh Cut Red and Green Pepper Strips            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Fresh Made Tuna Salad on a Whole Grain Kaiser Roll!</b>            Lettuce &amp; Tomato            Fresh Grape Tomato &amp; Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>

## MIDDLE SCHOOL OF PLAINVILLE

September 11 through September 15, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b> <b>Complete Meals</b> <b>\$2.75</b></p>	<p><b>Grilled Ham &amp; Cheese on Whole Grain Flat Bread!</b> Green Leaf Lettuce with Olives, &amp; Mushrooms Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Breaded Chicken Patty on a Whole Grain Bun!</b> With Lettuce &amp; Tomato Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Breaded Mozzarella Sticks with Marinara Sauce!</b> Steamed Romano Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Stuffed Baked Potato!</b> With Taco Meat, Broccoli, Cheddar Cheese, &amp; Sour Cream Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Sausage Egg &amp; Cheese On a Whole Grain Hard Roll!</b> Fresh Cut Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b> <b>\$2.75</b></p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Green Leaf Lettuce with Olives, &amp; Mushrooms Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Cut Celery &amp; Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or Tomato &amp; Fresh Basil!</b> Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Cut Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b> <b>Complete Meal \$2.75</b></p>	<p><b>Turkey &amp; Cheese in a Whole Grain Wrap!</b> With Lettuce and Tomato Green Leaf Lettuce with Olives, &amp; Mushrooms Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Fresh Made Egg Salad on a Whole Grain Grinder Roll!</b> With Lettuce and Tomato Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Peanut Butter &amp; Jelly on A Whole Grain Kaiser Roll!</b> With a Cheese Stick Fresh Cut Celery &amp; Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Fresh Made Chicken Salad on a Whole Grain Pretzel Roll!</b> With Lettuce and Tomato Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Ham &amp; Cheese on a Whole Grain Kaiser Roll!</b> Lettuce &amp; Tomato Fresh Cut Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

## MIDDLE SCHOOL OF PLAINVILLE

September 18 through September 22, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b> <b>Complete Meals</b> <b>\$2.75</b></p>	<p><b>Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish!</b> Oven Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Breaded Chicken Nuggets!</b> Whole Grain Noodles with Fresh Basil Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Three Cheese Calzone!</b> With Pizza Sauce Fresh Made Tomato &amp; Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Grilled Chicken Fajita in a Whole Grain Tortilla!</b> With Lettuce, Tomato, Salsa, &amp; Cheddar Cheese Steamed Fajita Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Sloppy Joe on a Whole Grain Kaiser Roll!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b> <b>\$2.75</b></p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Made Corn &amp; Pea Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Made Tomato &amp; Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or Sausage &amp; Pepper!</b> Fresh Cut Red and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b> <b>Complete Meal \$2.75</b></p>	<p><b>Fresh Made Tuna Salad on a Whole Grain Hard Roll!</b> With Lettuce and Tomato Fresh Made Corn &amp; Pea Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Turkey &amp; Cheese in a Whole Grain Wrap!</b> With Lettuce and Tomato Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Fresh Made Egg Salad on a Whole Grain Pretzel Roll!</b> With Lettuce and Tomato Fresh Made Tomato &amp; Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Peanut Butter &amp; Fluff on A Whole Grain Kaiser Roll!</b> With a Cheese Stick Fresh Cut Red and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Fresh Made Chicken Salad on a Whole Grain Kaiser Roll!</b> Lettuce and Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

## MIDDLE SCHOOL OF PLAINVILLE

September 25 through September 29, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b> <b>Complete Meals</b> <b>\$2.75</b></p>	<p><b>Whole Grain Pancakes With Syrup!</b> Sausage Links Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Grilled Southwest Chicken Breast in a Whole Grain Bun!</b> Lettuce &amp; Tomato Black Bean &amp; Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Pasta with Meat Balls!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Beef Taco With Lettuce, Tomato, Salsa, &amp; Cheddar Cheese In a Whole Grain Tortilla!</b> Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Oven Roasted BBQ Chicken!</b> Whole Grain Dinner Roll Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b> <b>\$2.75</b></p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Cut Tomato Wedges with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Black Bean &amp; Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or Buffalo Chicken!</b> Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b> Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b> Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps. Complete Meal \$2.75</b></p>	<p><b>Ham &amp; Cheese in a Whole Grain Tortilla Wrap!</b> With Lettuce and Tomato Fresh Cut Tomato Wedges with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Fresh Made Tuna Salad On a Whole Grain Grinder Roll!</b> Lettuce and Tomato Black Bean &amp; Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Turkey &amp; Cheese Chef Salad!</b> Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Fresh Made Egg Salad on A Whole Grain Kaiser Roll!</b> Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Peanut Butter &amp; Jelly on A Whole Grain Kaiser Roll!</b> With a Cheese Stick Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>



# **MIDDLE SCHOOL OF PLAINVILLE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAL DEALS</b> <b>Complete Meals</b> <b>\$2.75</b>					
<b>Plainville School Pizzeria</b>  <b>Complete Pizza Meal</b> <b>\$2.75</b>					
<b>The Delectable Deli at Plainville Schools!</b>  <b>Sandwiches and Wraps.</b> <b>Complete Meal \$2.75</b>					
<b>SALADS &amp; SUCH</b> <b>Fresh Made Salad</b> <b>Entrees Priced to Go!</b>  <b>Complete Salad Meal</b> <b>\$2.75</b>					