

# February 2012

## MIDDLE SCHOOL OF PLAINVILLE BREAKFAST MENU



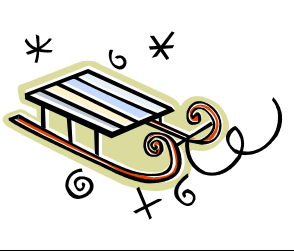

Breakfast Price \$1.25

\$.30 for Those Eligible for Reduced Price Lunch

Free for Those Eligible for Free Lunch

Breakfast Is Not Served on Delayed Opening Days!

Please See the Plainville School Website for More Information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Blueberry Glazed Pancakes!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  30	<b>Oatmeal Chocolate Chip Breakfast Bar!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  31	<b>Chocolate Chip Snackin' Waffle!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  1	<b>Apple Cinnamon Muffin!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  2	<b>Honey Wheat Breakfast Donut!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  3
Daily Alternate: Whole Grain, Enriched or Fortified Cereal Assortment with Wheat Bread & Choice of Milk				
<b>Mini Strawberry Pancakes!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  6	<b>New Item! Maple Glazed French Toast!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  7	<b>Blueberry Muffin!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  8	<b>Apple Frudel! Apple Filled Whole Wheat Strudel Pastry</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  9	<b>Mini Maple Pancakes!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  10
Daily Alternate: Whole Grain, Enriched or Fortified Cereal Assortment with Wheat Bread & Choice of Milk				
<b>Mini Cinnamon French Toast!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  13	<b>Blueberry Snackin' Waffle!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  14	<b>New Item! Egg, Sausage &amp; Cheese Breakfast Sandwich!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  15	<b>Whole Grain Cinnamon Roll!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  16	<b>Cherry Frudel! Cherry Filled Whole Wheat Strudel Pastry</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  17
Daily Alternate: Whole Grain, Enriched or Fortified Cereal Assortment with Wheat Bread & Choice of Milk				
<b>Winter Vacation!</b>				
<b>Chocolate Chip Snackin' Waffle!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  27	<b>Apple Cinnamon Muffin!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  28	<b>Honey Wheat Breakfast Donut!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  29	<b>Blueberry Glazed Pancakes!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  1	<b>Oatmeal Chocolate Chip Breakfast Bar!</b>  With Fresh Fruit in Season, or Chilled Fruit Cup, or Fruit Juice Choice of Milk  2
Daily Alternate: Whole Grain, Enriched or Fortified Cereal Assortment with Wheat Bread & Choice of Milk				

*Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. Wheat Bread is also served with cereal alternative.*

*Low-fat chocolate, skim, 1% or 2% milk is available with each Breakfast.*

*Students can use lunch account funds to pay for Breakfast!*

*Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234, [bondij@plainvilleschools.org](mailto:bondij@plainvilleschools.org)*