



# PLAINVILLE *Community Schools*

Promote a challenging environment creating an extraordinary community of learners.

47 Robert Holcomb Way • Plainville, CT 06062

**Kathleen Binkowski, Ph.D.**  
*Superintendent*

Dear Parent/Guardian:

I wanted to take this opportunity to update and remind you about some important information related to the novel H1N1 influenza. As a district, we are in contact with the Plainville Health Department and the Center for Disease Control (CDC) in an effort to stay abreast of newly updated information on this potential issue in our community. Below you will find the most recent recommendations from the CDC regarding the H1N1 virus in the school setting.

## **Interim Recommendations for K-12 Schools**

- The most effective way to protect people from the flu and other illnesses is to keep sick people away from healthy people. If your child is sick, you must keep your child home. Staying home when sick stops the spread of the flu and other illnesses and helps the sick person get well
- School closings are not advised for a suspected or confirmed case of novel influenza A (H1N1) and, in general, is not advised unless there is a magnitude of faculty or student absenteeism that interferes with the school's ability to function.
- The CDC recommends that individuals with influenza-like illness remain at home until at least 24 hours after they are free of fever (100 degrees or greater), or signs of a fever, without the use of fever-reducing medications.
- Students, faculty and staff who appear to have an influenza-like illness at arrival or become ill during the day should be isolated promptly in a room separate from other students and sent home.

As we did in the spring, we will continue to monitor for any outbreaks of the virus in our schools and provide you with periodic updates **utilizing the district website and our Connect-ED notification system**. Our website will take you to the latest information on H1N1. <http://www.plainvilleschools.org>

If you have further questions, please contact David Telesca, Assistant Superintendent, at 793-3210 x-206, or you can contact the Plainville Health Department at 793-0221 x-219

Regards,

*Kathleen Binkowski*

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Superintendent of Schools