

PLAINVILLE ADULT & CONTINUING EDUCATION

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PROGRAM GUIDE SPRING 2009



Sponsored by:
**THE PLAINVILLE
BOARD OF
EDUCATION**

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and
Barbara A. Willard**

*For additional program
information, contact:*

**Jill Daley, Coordinator
Plainville Adult and
Continuing Education**

NEW LOCATION:

**47 Robert Holcomb Way
Plainville, Connecticut 06062**

860.793.3209

www.plainvilleschools.org

REGISTRATION INFORMATION

Registration for all courses, mandated, vocational, and special interest, will be held in the Office of Adult and Continuing Education, Plainville High School. Mail-in registrations will begin immediately and be processed as received. Please complete the registration form located on **page 6** of this guide. Tuition must accompany registrations, as appropriate. Payments will only be accepted in cash (exact amount), check, bank check or money order made payable to: **Plainville Adult Education. Adult Education classes are held at Plainville High School (PHS) unless otherwise noted.** There will be no evening classes when school is canceled due to inclement weather or during school vacations.

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Enrichment Programming--Call today for class details: 793-3209

*Please refer to the following description when reading class offering list: **Class Title.** .Weekday class meets. First class date. Time class meets. Number of sessions class meets. Minimum students required to hold class (min.) Instructor's name. Plainville High School room number. Fee for Plainville resident (R) non-resident (NR)*

Residents & non-residents, 16 years + are encouraged to enroll in any class.

ART

Chinese Brush Painting. Tues. March 3. 5-7pm. 6 sessions. min.6. M. Luo. Rm.102 \$50R \$60NR

Oil Painting. Tues. March 3. 6pm-8:30pm. 8sessions. min.10 max.12 \$50R \$60NR off-site at the Farmington River School of Art.

Painting w/ Fluid Acrylics. Tues. March 3. 1-3:30pm. 8 sessions. Min.10/Max.12.\$50R \$60NR off-site at the Farmington River School of Art.

NEW Pastels. Thurs. March 5. 1-3pm. 8sessions. min.10 max.12 \$50R \$60 NR off-site at the Farmington River

School of Art. **NEW Spring Silk & Dry Floral Arrangement.** Wed. March 18. 5-7pm. 1session. min. 4. A. Oved Rm. 107 \$50R \$55NR, materials included.

CAREER

Basic Auto Repair. Mon. March 2, 5-7pm. 5sessions. min. 6. J.Wanner. Rm. 116 \$50R \$55NR

NEW Computer Class Intermediate MS Powerpoint. Tues. March 17. 5-7pm. 2 sessions. min. 5 max. 12. S. Rampertab Rm 126. \$90R \$100NR

NEW How to Improve Communication Skills. Thurs. March 12. 5-7pm. 1session. min. 3. A. Smith. Rm.102 \$30R \$35 NR

Journalism. Thurs. March 5. 5-7pm. 1session. min. 3. A.

Smith. Rm.102 \$30R \$35 NR
Management 101. Mondays. March 2. 5:30-7pm. 6sessions. min. 5. C.Cosgrove. Rm.104. \$50R \$55NR

Starting a Small Business in CT. Thurs. March 19. 5-7pm. 4 sessions. min. 4. CAAS. Rm.102. \$20R \$25NR + \$25Text, payable to Instructor

DAYTRIPS

NEW Boston. Hidden Gardens of Beacon Hill. 80th Anniversary walking tour. Thurs. May 21. \$89pp. Reg. by: May 1.

NEW New York City Food & Markets Tour. Sun., May 17, \$53pp. Reg. by: May 1.

FINANCIAL / LEGAL

NEW Entrepreneurship. Learn practical info. on

how to start a successful home-based business. Tues. May 12. 6-7pm.B.Nathan. Rm. 104. \$60R\$65NR (+Text fee optional, \$20 due 1st class)

Estate Planning for Children & Adults w/Special Needs. Thurs. March 26. 5:30-7pm. 1session. min. 6. A. LaChance. Rm.104. \$20R \$25NR+\$10Text , pay to instructor

NEW How to Buy & Sell Real Estate Wisely. Tues. May 12. 6-7pm. 1session. R.Nathan. Rm107. \$60R \$65NR (+Text fee optional, \$20 due 1st session)

NEW Managing Your Finances to Build Wealth. Establish, manage, & repair your credit.Tues. May 12. 5-6pm. 1session. B.Nathan. Rm104 \$60R \$65NR (+Text fee optional, \$20 due 1st session)

My Neighbor has a Living Trust, Should I? Thurs. March 12. 5:30-7pm. 1session. min. 6. A. LaChance. Rm.104 \$20R \$25NR + \$10Text, payable to Instructor

NEW Smart Choices YOU can Make in a Volatile Market. Wed. March 4. 5-7pm. 1session. min. 4. H.Cormier. Rm.107 \$20R \$25NR

Strategies to Prevent going Broke at a Nursing Home. Mon & Thurs. April 6 & 9. 5:30-7pm. 2sessions. min. 6. A. LaChance. Rm. 106 \$20R \$25NR+ \$10Text, payable to Instructor

Understanding the Long-term Care Continuum. Monday. March 23. 5:30-7pm. 1session. min. 6. L. Worden. Rm.107 \$20R \$25NR

NEW Wall Street Secrets: Investing Money. Tues. May 12.5-6pm. 1session. R.Nathan. Rm.107 \$60R\$65NR (+Text fee optional, \$20 due

1st session)
Women & Money. Tues. April 14. 5-7pm. 1session. min. 4. H.Cormier. Rm.107 \$20R \$25NR

FITNESS

NEW Gentle Yoga and Meditation. Wed. March 4. 5:45pm-6:45pm. 4 sessions. Min. 10 M. Trask. Rm. 106. \$40R \$45NR

NEW Spring Hiking. Tuesdays. March 3. 5:30-7pm. 5sessions (includes group hike, April 4). min. 5. C.Cosgrove. Rm 107 \$50R. \$55NR

NEW Power Yoga. (Intro. to)Thurs. March 12. 6pm-7:15pm. 4 sessions. Max. 5 Marcia Vallier. off-site, Vital Life Center LLC \$40R \$45NR

QiGong (A). Mon. March 2. 7:30-8pm. 4 sessions. min. 10. max. 25 offsite, Middle School Cafeteria R.

Goden \$20R \$23NR
QiGong (B). Mon. March 30. 7:30-8pm. 4 sessions. min. 10. max. 25 offsite, Middle School of Plainville Cafeteria. R. Goden \$20R \$23NR

T'ai Chi. March 2. 6:30-7:15pm. 8sessions. min. 15. max. 25 offsite at the Middle School Cafeteria. R. Goden \$50R \$55NR

LANGUAGE

Beginning Sign Language.Wed. April 29. 6-7pm. 5sessions. min. 7. G. Ratcliffe. Rm102 \$30R \$35NR (+Text fee, \$25 due 1st class)

Chinese Language. Wed. March 11. 7-8:45pm. 6sessions. min. 6. offsite at the Plainville Public Library. M.Luo. \$50R \$60NR

Spanish I for Beginners. Wed. March 4. 5-7pm. 6sessions. min.6. A.Bermudez. Rm.104 \$60R \$70NR

Spanish II Advanced. Wed. April 15. 5-7pm. 6sessions. min.6. A.Bermudez. Rm.104 \$60R \$70NR

LEISURE

Astronomy. Wed. 3/11 & 4/8 & 5/13. 5:30-7pm. 3sessions total. min.8. max. 20. R. Barker. Rm.107 \$20R \$25NR

Kayaking for Beginners. Demonstration and Instruction. Saturday May 16. 10am-12pm. 1 session. min. 4. offsite at Collinsville Canoe & Kayak \$45 per person.

Meeting Your Angels and Guides. Tuesday. April 28. 5:30-6:30pm. 1session. min. 5. D.Mullins. Rm107 \$35R \$40NR

Past Life Regression. Tuesday. May 5. 5:30-6:30pm. 1session. min. 5. D. Mullins. Rm.102 \$25R \$30NR

**Tarot Cards for
Beginners.** Tues.
April 7. 5-7pm.
2sessions. min. 4.
C.Pavelec. Rm.106
\$50R \$55NR

**Tarot Cards
(Advanced).**
Tuesdays. May 5.
5-7pm. 2sessions.
min. 4. C.Pavelec.
Rm.106
\$50R \$55 NR

MUSIC

Beginning Guitar.
BYOG! Fri. May1.
6-6:45pm. 3sessions.
min.4. max.8
F. Macri. off-site at
the Macri School of
Music. \$60R \$65NR

PARENTAL INTEREST

NEW
**Communicating
w/ your Child
&Building their Self
Esteem.** Tuesday.
April 7. 5:30-7pm.
1session. min. 8.
D. Johnson. Rm.104
\$25R \$30NR

**College Financial
Aid.** Mon. March 16.
5-7pm. 1session.
min. 6. S. Hoffer
Rm. 102.
\$25 R \$30NR

Drivers Education.
Full Program. Tues.
and Thurs. 4/28-6/16.
2:30-4:30. AAA.
T. Beyer. Rm 117
Call for reg. form.
793-3209.

**NEW NCAA Initial
Eligibility.** Mon.
March 23. 6-7pm.

1 session. min.5.max.
25. M.McCarthy.
Rm102. \$20R \$25NR

WELLBEING

**Losing Weight with
Hypnosis** -Tuesday.
April 14.
5:30-6:30pm.
1session. min. 5.
D.Mullins. Rm. 104
\$35R \$40NR

**Makeovers with
Mineral Make-up**
Before & After
picture! Tues. May 5.
6-7pm. 1session.
min. 10 off-site at
Nature's Spa. \$15 for
one or \$20per pair.

Reiki Level 1.
Thurs. May 7.
5-7pm. 3sessions.
min. 3. A. D'Amato.
Rm.106.
\$80 R \$85NR

FREE SPECIALS

(Please use
registration form
on page 6)

NEW
**Unlimited Group
Exercise class.**
WEEK-LONG PASS:
March 23-29.
Anytime from
6am-8pm.
Off-site: Core Studio.
FREE

NEW
**Family Issues &
Employee / Property
Owner Concerns.**
Tuesday March 3.
5-7pm. 1 session.
H&R Block.
Rm. 104
FREE

(WIA APPROVED) PHARMACY TECHNICIAN TRAINING PROGRAM

Train at Plainville High School to become a
Certified Pharmacy Technician.

We offer: convenient evening hours,
affordability, guidance, and support.

Schedule: March 2 -- June 4, Mon-Thurs., 4-7pm.

Please call for registration details: 793-3209.

ENRICHMENT PROGRAM POLICY: The Adult Enrichment Program offers courses on a self-sustaining basis. If the enrollment is insufficient to cover the cost of the course, the course will be canceled & the fees received will be refunded. Allow 6 weeks for processing refunds. No registration confirmation will be mailed to you. Unless notified to the contrary, assume that you are enrolled and your class will run as scheduled. In the event of a filled class or class cancellation, every attempt will be made to notify you.

REFUND POLICY: A full refund is given only when Adult Ed. cancels a course.

Regrettably, no other refund requests can be honored. Please allow 6 weeks for processing. Absolutely no refunds once classes have started.

SUPPLIES&MATERIALS: May be required for some classes.

WAITING LISTS: Will be taken on all classes w/ limits. Notification will be made only if there is an opening.

ROOM ASSIGNMENTS: May be subject to change.

CERTIFICATE OF ACHIEVEMENT: Will be presented to all participants upon request.

FEES: See course descriptions.

INSTRUCTORS: Instructors come from a wide variety of backgrounds. Many of our instructors are certified teachers or are members of the community with special areas of expertise that they are qualified to share.

WANT TO HELP? Your suggestions and ideas for courses are needed and appreciated. If you have any ideas or would like to join the faculty, please call (860)793-3209.

BAD WEATHER POLICY: If day school is canceled, ALL Continuing Education Classes are postponed to a later date. If an afternoon storm develops, tune to WTIC Radio for official notices.

The Plainville School System does not discriminate in the employment or assignment of staff, or in program offerings to students on the basis of race, color, national origin, sex, age or handicap.

ACCOMMODATIONS FOR THE GED TEST are available for qualified individuals with specified learning and / or physical disabilities. Please contact: Jill Daley, Coordinator, Plainville Adult Education, **860-793-3209**

All activities offered by Plainville Adult Education are held in accessible locations, primarily Plainville High School. Accommodations for individuals with a disability are available upon request. For more information, please contact: **Jill Daley (860) 793-3209**

This provider is in compliance with Connecticut General Statutes Sec.10-71c and does not charge a fee for any textbooks or materials used in the mandated program areas. (A deposit may be imposed to ensure the return of borrowed materials).

Registration Form

PLAINVILLE ADULT EDUCATION - 2009 SPRING SESSION

Name: _____

Address: _____

City/Zip: _____ Phone: _____

____ Please indicate if you are a Plainville Resident Senior Citizen (62 and over).

Plainville Resident Senior Citizens will be charged **70%** of the advertised fee for any **one program**. Does not apply to day trip.

Course Title: _____ Amount \$ _____

Course Title: _____ Amount \$ _____

Course Title: _____ Amount \$ _____

DAY TRIP: _____ Amount \$ _____

(attach names of passengers)

TOTAL ENCLOSED \$ _____

Payable to: PLAINVILLE ADULT EDUCATION

Please photo copy as needed and mail form(s) to:

Plainville Adult & Continuing Education

47 Robert Holcomb Way

Plainville, CT 06062

QUESTIONS? PLEASE CALL 793-3209