



Plainville Community Schools November 2017

PRE- SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Patty on a Whole Grain Bun! With Lettuce & Tomato Oven Baked Fries Fruit of the Day 1% Milk 30	 Zombie (Chicken) Fingers! Whole Grain Hobgoblin Noodles Whole Grain Troll Roll Betty Green Bean Salad 1	Meatball Grinder on a Whole Grain Hotdog Roll! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk 1	Grilled Chicken Fajita in a Whole Grain Taco Boat! With Lettuce, Tomato, Cheese, & Salsa Onions & Peppers. Fruit of the Day 1% Milk 2	Stuffed Crust Pizza! Choice of Cheese, or Pepperoni! Fresh Cut Red Peppers with Light Ranch Dressing Fruit of the Day 1% Milk 3
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick</i>				
Hamburger on a Whole Grain Bun! BBQ Baked Beans Fruit of the Day 1% Milk 6		Whole Grain Pasta with Meat Sauce! Steamed Seasoned Broccoli Fruit of the Day 1% Milk 8	Baked Potato Wedges With Taco Meat, Broccoli, & Cheddar Cheese! Whole Grain Dinner Roll Fruit of the Day 1% Milk 9	Fresh Made Pizza! Choice of Cheese, Pepperoni, Or White Broccoli & Garlic! Fresh Sliced Cucumber with Ranch Dressing Fruit of the Day 1% Milk 10
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick</i>				
Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles Baked Eggplant Fries Fruit of the Day 1% Milk 13	Whole Grain French Toast Sticks with Syrup! Chicken Sausage Patty Oven Baked Tator tots Fruit of the Day 1% Milk 14	Whole Grain Breaded Mozzarella Sticks with Marinara Sauce! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk 15	Beef Taco with Lettuce, Tomato, Cheese, & Salsa in a Whole Grain Tortilla! Fresh Made Southwest Bean Salad Fruit of the Day 1% Milk 16	Fresh Made Pizza! Choice of Cheese, Pepperoni! Fresh Made Tomato & Cucumber Salad Fruit of the Day 1% Milk 17
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick</i>				
Boneless BBQ Pork Ribs on a Whole Grain Bun! Baked Crinkle Cut French Fries Fruit of the Day 1% Milk 20	Whole Grain Breaded Chicken Fingers! Mashed Potato Steamed Peas & Corn Cranberry Sauce Whole Grain Dinner Roll Fruit of the Day 1% Milk 21	Stuffed Crust Pizza! Choice of Cheese, or Pepperoni! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk 22		
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick</i>				
Grilled Cheese on Whole Grain Flat Bread! Oven Baked Seasoned Spiral Fries Fruit of the Day 1% Milk 27	Whole Grain Pancakes With Syrup & Strawberries! Sausage Patty Sweet Potato Waffle Fries Fruit of the Day 1% Milk 28	Italian Burger! 100% Beef Hamburger, Smothered with Melted Mozzarella Cheese and Pizza Sauce on a Whole Grain Bun Steamed Catalina Vegetables Fruit of the Day 1% Milk 29	Swedish Meatballs Over Whole Grain Egg Noodles! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk 30	Fresh Made Pizza! Choice of Cheese, Pepperoni, Fresh Made Three Bean Salad Fruit of the Day 1% Milk 1
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick</i>				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel, Yogurt & Cheese Stick entree.

This menu conforms to the new USDA Meal Pattern for Pre-school children ages 3-4

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org