



Plainville Community Schools February 2018

PRE- SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Whole Grain Waffles with Syrup! Oven Baked Tator Tots Sausage Patty Fruit of the Day 1% Milk <p style="text-align: right;">29</p>	Whole Grain Breaded Chicken Tenders! Whole Grain Egg Noodles Fresh Made Tomato & Cucumber Salad Fruit of the Day 1% Milk <p style="text-align: right;">30</p>	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli Fruit of the Day 1% Milk <p style="text-align: right;">31</p>	Chicken Fajita! Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa Nestled in a Whole Grain Tortilla! Fresh Cut Green Pepper Strips Fruit of the Day 1% Milk <p style="text-align: right;">1</p>	Fresh Made Pizza! Choice of Cheese, or Pepperoni Fresh Cut Cucumber with Dill Fruit of the Day 1% Milk <p style="text-align: right;">2</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Hamburger on a Whole Grain Bun! BBQ Baked Beans Fruit of the Day 1% Milk <p style="text-align: right;">5</p>	Chinese Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce! Fried Rice Oriental Vegetables Fortune Cookie Fruit of the Day 1% Milk <p style="text-align: right;">6</p>	Whole Grain Pasta & Meat Sauce! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">7</p>	Chicken Nuggets! Mashed Potato & Gravy Fruit of the Day 1% Milk <p style="text-align: right;">8</p>	Fresh Made Pizza! Choice of Cheese or Pepperoni! Fresh Grape Tomato Fruit of the Day 1% Milk <p style="text-align: right;">9</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Grilled Cheese on Whole Grain Flatbread! Baked Smile Fries Fruit of the Day 1% Milk <p style="text-align: right;">12</p>	Chicken Finger Snack Wrap! Breaded Chicken Fingers with Light Ranch Dressing & Lettuce & Tomato Wrapped in a Whole Grain Flour Tortilla Fresh Grape Tomato Fruit of the Day 1% Milk <p style="text-align: right;">13</p>	Meatball Sandwich On a Whole Grain Hamburg Roll! Steamed Seasoned Broccoli Fruit of the Day 1% Milk <p style="text-align: right;">14</p>	Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Fresh Cut Cucumber with Light Ranch Dressing Fruit of the Day 1% Milk <p style="text-align: right;">15</p>	Winter Break!
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
		Pizza Sticks! Whole Grain Breadstick Stuffed with Mozzarella Cheese, and Served with Pizza Dipping Sauce! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">21</p>	Whole Grain Breaded Crispy Chicken Patty! On a Whole Grain Roll Oven Baked Potato Wedges Fruit of the Day 1% Milk <p style="text-align: right;">22</p>	French Bread Pizza! Choice of Cheese or Pepperoni Fresh Cut Celery and Green Pepper Strips Fruit of the Day 1% Milk <p style="text-align: right;">23</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">26</p>	Whole Grain Pancakes with Syrup! Sweet Potato Waffle Fries Fruit of the Day 1% Milk <p style="text-align: right;">27</p>	Whole Grain Pasta with Meatballs! Marinara Sauce Steamed Catalina Vegetables Fruit of the Day 1% Milk <p style="text-align: right;">28</p>	Taco Nachos! Taco Meat, Diced Tomato, Lettuce, Cheddar Cheese, & Salsa over Nacho Chips Fresh Made Mexican Corn Salad Fruit of the Day 1% Milk <p style="text-align: right;">1</p>	Fresh Made Pizza! Choice of Cheese, or Pepperoni, Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">2</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel, Yogurt & Cheese Stick entrée.

This menu conforms to the new USDA Meal Pattern for Pre-school children ages 3-4

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org