

# Plainville Community Schools December 2017

## PRE- SCHOOL MENU- Lunch Price \$2.50

Website for online payments: [www.myschoolbucks.com](http://www.myschoolbucks.com)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Grilled Cheese on Whole Grain Flat Bread!</b> Oven Baked Seasoned Spiral Fries Fruit of the Day 1% Milk  <p style="text-align: right;">27</p>	<b>Whole Grain Pancakes With Syrup!</b> Sausage Patty Sweet Potato Waffle Fries Fruit of the Day 1% Milk  <p style="text-align: right;">28</p>	<b>Italian Burger!</b> 100% Beef Hamburger, Smothered with Melted Mozzarella Cheese and Pizza Sauce on a Whole Grain Bun Steamed Catalina Vegetables Fruit of the Day 1% Milk  <p style="text-align: right;">29</p>	<b>Swedish Meatballs Over Whole Grain Egg Noodles!</b> Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk  <p style="text-align: right;">30</p>	<b>Fresh Made Pizza! Choice of Cheese, or Pepperoni!</b> Fresh Made Sweet Corn Salad Fruit of the Day 1% Milk  <p style="text-align: right;">1</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick</b>				
<b>Whole Grain Breaded Chicken Patty on a Whole Grain Bun</b> BBQ Baked Beans Fruit of the Day 1% Milk  <p style="text-align: right;">4</p>	<b>Whole Grain Breaded Chicken Tenders!</b> Mashed Potato & Gravy Fruit of the Day 1% Milk  <p style="text-align: right;">5</p>	<b>Whole Grain Breaded Mozzarella Sticks!</b> Marinara Sauce Fresh Steamed Broccoli Fruit of the Day 1% Milk  <p style="text-align: right;">6</p>	<b>Sloppy Joe On a Whole Grain Bun!</b> Sweet Potato Fries Fruit of the Day 1% Milk  <p style="text-align: right;">7</p>	<b>Stuffed Crust Pizza! Choice of Cheese, or Pepperoni!</b> Fresh Sliced Red & Green Peppers Fruit of the Day 1% Milk  <p style="text-align: right;">8</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick</b>				
<b>Meatball Grinder!</b> On a Whole Grain Roll Steamed Italian Vegetables Fruit of the Day 1% Milk  <p style="text-align: right;">11</p>	<b>Whole Grain French Toast Sticks with Syrup!</b> Chicken Sausage Patty Oven Baked Tator tots Fruit of the Day 1% Milk  <p style="text-align: right;">12</p>	<b>Whole Grain Pasta With Meat Sauce!</b> Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk  <p style="text-align: right;">13</p>	<b>Chicken Snack Wrap!</b> Chicken Tenders Cheddar Cheese, Lettuce and Tomato & Light Ranch Dressing in a Whole Grain Tortilla! Baked Beans Fruit of the Day 1% Milk  <p style="text-align: right;">14</p>	<b>Fresh Made Pizza! Choice of Cheese, or Pepperoni!</b> Fresh Made Tomato & Cucumber Salad Fruit of the Day 1% Milk  <p style="text-align: right;">15</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick</b>				
<b>Hamburger on a Whole Grain Bun!</b> Baked Sweet Potato Wedges Fruit of the Day 1% Milk  <p style="text-align: right;">18</p>	<b>Fajita Chicken Wrap!</b> With Salsa, Cheese, and Lettuce & Tomato Onions & Peppers Fruit of the Day 1% Milk  <p style="text-align: right;">19</p>	<b>Three Cheese Calzone!</b> Pizza Sauce Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk  <p style="text-align: right;">20</p>	<b>Whole Grain Breaded Chicken Nuggets!</b> Mashed Potato & Gravy Whole Grain Dinner Roll Fruit of the Day 1% Milk  <p style="text-align: right;">22</p>	<b>Stuffed Crust Pizza! Choice of Cheese, or Pepperoni!</b> Sweet Corn Salad Fruit of the Day 1% Milk  <p style="text-align: right;">22</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick</b>				
	<b>Your Cafeteria Staff Wishes You a Joyous Holiday Season and a Healthy and Happy New Year!</b>			
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick</b>				

*Daily Alternates* indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel, Yogurt & Cheese Stick entree.

This menu conforms to the new USDA Meal Pattern for Pre-school children ages 3-4

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 [bondij@plainvilleschools.org](mailto:bondij@plainvilleschools.org)