

MIDDLE SCHOOL OF PLAINVILLE

January 29 to February 2, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Whole Grain Waffles with Syrup, and choice of Strawberries, or Blueberries! Baked Sweet Potato Wedges Sausage Links Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Chicken Tenders! Whole Grain Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli and Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chicken Fajita! Grilled Fajita Chicken with Lettuce, Tomato, Cheese, Salsa, & Sour Cream with Onions & Peppers nestled in a Whole Grain Tortilla! Fresh Made Southwest Bean Salad Choice of Fresh Fruit or Chilled Fruit & Milk Choice of Milk</p>	<p>Chili Dog! Turkey Hotdog with Mild Chili & Cheese on a Whole Grain Bun! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Grape Tomato with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or Tomato & Black Olive! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Fresh Made Chicken Salad on a Whole Grain Pretzel Roll! Lettuce & Tomato Fresh Grape Tomato with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese on a Whole Grain Hard Roll! Lettuce and Tomato Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Tuna Salad on a Whole Grain Tortilla Wrap! Lettuce & Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese On a Whole Grain Grinder Roll! Lettuce and Tomato Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Buffalo Chicken Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

February 5 through February 9, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Boneless BBQ Pork Rib on a Whole Grain Roll! BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chinese Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce! Served over Fried Rice Oriental Vegetables Fortune Cookie Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pasta & Meat Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey in Gravy over Mashed Potato! Cranberry Sauce Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Chili Served in a Tostado Bowl with Shredded Cheddar Cheese & Sour Cream! Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, White Pepperoni, or Ham & Pineapple! Fresh Cut Cucumber Slices Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, White Pepperoni, or BBQ Chicken!! Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Peanut Butter & Banana on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese in a Whole Grain Wrap! Lettuce & Tomato Fresh Cut Cucumber Slices Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Chicken Salad on a Whole Grain Grinder Roll! Lettuce & Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese on a Whole Grain Pretzel Roll! Lettuce & Tomato Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Jelly on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

February 12 through February 15, 2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Ham, Egg, & Cheese on a Whole Grain Bun! Baked Smile Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chicken Finger Snack Wrap! Breaded Chicken Fingers with Light Ranch Dressing & Lettuce & Tomato Wrapped in Whole Grain Flour Tortilla Fresh Grape Tomato Fresh or Chilled Fruit Choice of Milk</p>	<p>Meatball Grinder On a Whole Grain Grinder Roll! Steamed Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Fresh Cut Cucumber Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Winter Break!</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, White Pepperoni, or Bacon! Fresh Grape Tomato Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Cut Celery & Green Pepper Strips with Hummus Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>		
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Buffalo Chicken Salad on a Hard Roll! Lettuce & Tomato Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese On a Whole Grain Grinder Roll! Lettuce & Tomato Fresh Grape Tomato Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Fluff on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Cut Cucumber Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	

MIDDLE SCHOOL OF PLAINVILLE

February 21 through February 23, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>			<p>Pizza Sticks! Whole Grain Breadsticks Stuffed with Mozzarella Cheese, and Served with Pizza Dipping Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Buffalo Chicken Patty! On a Whole Grain Roll Lettuce & Tomato Oven Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Teriyaki Chicken Nuggets! With Pineapple Fried Rice Steamed Peas & Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>			<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, White Pepperoni, or Popcorn Chicken! Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Cut Broccoli Florets & Carrot Rounds with Hummus Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>			<p>Fresh Made Chicken Salad On a Whole Grain Tortilla! With Lettuce and Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese on a Whole Grain Pretzel Roll! With Lettuce and Tomato Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Banana on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Cut Broccoli Florets & Carrot Rounds With Hummus Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

February 26 through March 2, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Whole Grain Breaded Chicken Nuggets! With Choice of BBQ or Buffalo Dipping Sauces Whole Grain Egg Noodles Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pancakes with Syrup, & Choice of Strawberries, or Blueberries! Chicken Sausage Patty Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pasta with Meatballs! Marinara Sauce Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Taco Nachos! Taco Meat, Diced Tomato, Lettuce, Cheddar Cheese & Salsa over Nacho Chips Fresh Made Mexican Corn Salad Choice of Fresh Fruit or Chilled Fruit & Milk Choice of Milk</p>	<p>Buffalo Chicken Wrap! With Lettuce & Tomato, Ranch Dressing, & Cheddar Cheese on in a Whole Grain Tortilla. Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, White Pepperoni, or Buffalo Chicken! Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Cut Green and Red Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, White Pepperoni, or Teriyaki Chicken! Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Turkey & Cheese on a Whole Grain Grinder Roll! Lettuce & Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese on a Whole Grain Hard Roll! Lettuce and Tomato Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Jelly on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Cut Green and Red Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese On a Whole Grain Grinder Roll! Lettuce and Tomato Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Teriyaki Chicken Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL DEALS Complete Meals \$2.75					
Plainville School Pizzeria Complete Pizza Meal \$2.75					
The Delectable Deli at Plainville Schools! Sandwiches and Wraps. Complete Meal \$2.75					
SALADS & SUCH Fresh Made Salad Entrees Priced to Go! Complete Salad Meal \$2.75					