

MIDDLE SCHOOL OF PLAINVILLE

January 2, through January 5, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>		<p>Whole Grain Breaded Crispy Chicken Patty on a Whole Grain Bun! Oven Baked Crinkle Cut Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Penne Pasta with Meat Sauce! Fresh Steamed Italian Green Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Pancakes With Syrup, & Choice of Strawberries or Blueberries! Sausage Links Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Buffalo Chicken Wrap! On a Whole Grain Tortilla with Lettuce & Tomato, Cheddar Cheese, and Light Ranch Dressing Tossed Green Leaf Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>		<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Green Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or Meatball! Fresh Cut Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Tossed Green Leaf Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>		<p>No Deli Available Today</p>	<p>Ham & Cheese on a Whole Grain Kaiser Roll! Lettuce & Tomato Fresh Made Green Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Tuna Salad on a Whole Grain Tortilla Wrap! Lettuce & Tomato Fresh Cut Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese On a Whole Grain Grinder Roll! Lettuce and Tomato Tossed Green Leaf Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

January 8 through January 12, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Sausage, Egg, & Cheese on a Whole Grain Bun! BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles with Basil Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Three Cheese Calzone with Pizza Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Stuffed Baked Potato! With Taco Meat, Broccoli, Cheese, and Sour Cream Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Stuffed Crust Pizza! Choice of Cheese, or Pepperoni! Fresh Roasted Green and Red Peppers Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or Buffalo Chicken! Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Fresh Made Ham & Cheese Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Fluff on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Chicken Salad on a Whole Grain Tortilla Wrap! Lettuce & Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese on a Whole Grain Grinder Roll! Lettuce & Tomato Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Tuna Salad on a Whole Grain Pretzel Roll! Fresh Cut Red & Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

January 16 through January 19, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p style="text-align: center;">Martin Luther King Day!</p>	<p>Chicken Snack Wrap! Breaded Chicken Tenders, Lettuce & Tomato, Cheddar Cheese and Light Ranch Dressing Snuggled in a Whole Grain Tortilla! Baked Sweet Potato Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Cheese Ravioli! With Choice of Alfredo or Marinara Sauce Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Beef Taco Wrap! Taco Meat, Lettuce, Tomato, Cheese, and Salsa On a Whole Grain Tortilla! Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Boneless BBQ Ribs on a Whole Grain Bun! Lettuce & Tomato Fresh Steamed Broccoli with Mushrooms Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>		<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Grape Tomato with Basil & Mozzarella Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Cut Celery & Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or Turkey Bacon! Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Lettuce with Mushrooms & Olives Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>		<p>Turkey & Cheese On a Whole Grain Hard Roll! Lettuce & Tomato Fresh Grape Tomato with Basil & Mozzarella Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Buffalo Chicken Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Jelly on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Chicken Salad on a Whole Grain Grinder Roll! Lettuce & Tomato Green Leaf Lettuce with Mushrooms & Olives Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

January 22 through January 26, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish! Lettuce & Tomato Oven Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>French Toast Sticks with Syrup! Chicken Sausage Patty Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Rotini & Meatballs with Marinara Sauce! Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chicken & Pineapple Stir Fry over Fried Rice! Steamed Oriental Vegetables Fortune Cookie! Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Grilled Ham & Cheese on Whole Grain Flatbread! Steamed Broccoli & Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Baby Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or Turkey Bacon! Fresh Cut Celery and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose from Mozzarella, Pepperoni, or Turkey Bacon! Fresh Cut Broccoli Florets & Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Ham & Cheese on a Whole Grain Pretzel Roll! With Lettuce and Tomato Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Tuna Salad on a Whole Grain Kaiser Roll! With Lettuce and Tomato Fresh Baby Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese On a Whole Grain Tortilla! With Lettuce and Tomato Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Ham & Cheese Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Peanut Butter & Fluff on A Whole Grain Kaiser Roll! With a Cheese Stick Fresh Cut Broccoli Florets & Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

January 29 to February 2, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEAL DEALS Complete Meals \$2.75</p>	<p>Whole Grain Waffles with Syrup, and choice of Strawberries, or Blueberries! Baked Sweet Potato Wedges Sausage Links Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Chicken Tenders! Whole Grain Dinner Roll Mashed Potato & Gravy Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli and Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Chicken Fajita! Grilled Fajita Chicken with Lettuce, Tomato, Cheese, Salsa, & Sour Cream with Onions & Peppers nestled in a Whole Grain Tortilla! Fresh Made Southwest Bean Salad Choice of Fresh Fruit or Chilled Fruit & Milk Choice of Milk</p>	<p>Chili Dog! Turkey Hotdog with Mild Chili & Cheese on a Whole Grain Bun! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>Plainville School Pizzeria</p> <p>Complete Pizza Meal \$2.75</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Grape Tomato with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or Tomato & Black Olive! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Freshly Prepared Pizza! Choose from Mozzarella, Pepperoni, or White Pepperoni! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p>The Delectable Deli at Plainville Schools!</p> <p>Sandwiches and Wraps. Complete Meal \$2.75</p>	<p>Fresh Made Chicken Salad on a Whole Grain Pretzel Roll! Lettuce & Tomato Fresh Grape Tomato with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Ham & Cheese on a Whole Grain Hard Roll! Lettuce and Tomato Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Tuna Salad on a Whole Grain Tortilla Wrap! Lettuce & Tomato Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Turkey & Cheese On a Whole Grain Grinder Roll! Lettuce and Tomato Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Fresh Made Buffalo Chicken Chef Salad! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>

MIDDLE SCHOOL OF PLAINVILLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL DEALS Complete Meals \$2.75					
Plainville School Pizzeria Complete Pizza Meal \$2.75					
The Delectable Deli at Plainville Schools! Sandwiches and Wraps. Complete Meal \$2.75					
SALADS & SUCH Fresh Made Salad Entrees Priced to Go! Complete Salad Meal \$2.75					