

# Plainville Community Schools November 2017

## ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Website for online payments: [www.myschoolbucks.com](http://www.myschoolbucks.com)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Whole Grain Breaded Chicken Patty on a Whole Grain Bun!</b> With Lettuce & Tomato Oven Baked Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">30</p>	 <b>Zombie (Chicken) Fingers!</b> <b>Whole Grain Hobgoblin Noodles</b> <b>Batty Bean Salad</b> <b>Freaky Fruit</b>	<b>Meatball Grinder on a Whole Grain Grinder Roll!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">1</p>	<b>Grilled Chicken Fajita in a Whole Grain Tortilla!</b> With Lettuce, Tomato, Cheese, & Salsa Onions & Peppers Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">2</p>	<b>Stuffed Crust Pizza!</b> <b>Choice of Cheese, or Pepperoni!</b> Fresh Baby Carrots with Light Ranch Dressing Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">3</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack</b>				
<b>Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish!</b> BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">6</p>		<b>Whole Grain Pasta with Meat Sauce!</b> Steamed Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">8</p>	<b>Stuffed Baked Potato!</b> With Taco Meat, Broccoli, Cheddar Cheese, & Sour Cream Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">9</p>	<b>Fresh Made Pizza!</b> <b>Choice of Cheese, Pepperoni, or White Broccoli &amp; Garlic!</b> Fresh Sliced Cucumber with Ranch Dressing Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">10</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack</b>				
<b>Whole Grain Breaded Chicken Nuggets!</b> Whole Grain Egg Noodles Baked Eggplant Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">13</p>	<b>Whole Grain French Toast Sticks with Syrup!</b> Chicken Sausage Patty Oven Baked Tator tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">14</p>	<b>Whole Grain Breaded Mozzarella Sticks with Marinara Sauce!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">15</p>	<b>Beef Taco Boat!</b> with Lettuce, Tomato, Cheese, & Salsa Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">16</p>	<b>Fresh Made Pizza!</b> <b>Choice of Cheese, Pepperoni, or Sausage &amp; Spinach!</b> Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">17</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack</b>				
<b>Boneless BBQ Pork Ribs on a Whole Grain Bun!</b> Baked Crinkle Cut French Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">20</p>	Turkey in Gravy over Mashed Potatoes! <b>Turkey Chunks Snuggled in Gravy Served over Mashed Potato</b> Steamed Peas & Corn Cranberry Sauce Whole Grain Dinner Roll Choice of Fresh Fruit & Choice of Milk <p style="text-align: right;">21</p>	<b>Stuffed Crust Pizza!</b> <b>Choice of Cheese, or Pepperoni!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">22</p>	 <b>HAPPY THANKSGIVING</b>	
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack</b>				
<b>Grilled Cheese on Whole Grain Flat Bread!</b> Oven Baked Seasoned Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">27</p>	<b>Whole Grain Pancakes With Syrup &amp; Strawberries!</b> Sausage Links Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">28</p>	<b>Italian Burger!</b> 100% Beef Hamburger, Smothered with Melted Mozzarella Cheese and Pizza Sauce on a Whole Grain Bun Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">29</p>	<b>Swedish Meatballs Over Whole Grain Egg Noodles!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">30</p>	<b>Fresh Made Pizza!</b> <b>Choice of Cheese, Pepperoni, or Roasted Tomato &amp; Black Olive!</b> Fresh Made three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">1</p>
<b>Daily Alternates: Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack</b>				

*Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt meal also includes a cheese stick.*

*Non-fat chocolate, skim, or 1% milk is available with each lunch.*

*Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 [bondij@plainvilleschools.org](mailto:bondij@plainvilleschools.org)*