

Plainville Community Schools

January 2018

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Whole Grain Breaded Crispy Chicken Patty on a Whole Grain Bun! Oven Baked Crinkle Cut Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">2</p>	Whole Grain Penne Pasta with Meat Sauce! Fresh Steamed Italian Green Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">3</p>	Whole Grain Pancakes With Syrup, & Choice of Strawberries or Blueberries! Sausage Links Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">4</p>	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Meatball! Tossed Green Leaf Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">5</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Sausage, Egg, & Cheese on a Whole Grain Bun! BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">8</p>	Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles Steamed Carrots with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">9</p>	Three Cheese Calzone with Pizza Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">10</p>	Stuffed Baked Potato! With Taco Meat, Broccoli, Cheese, and Sour Cream Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">11</p>	Stuffed Crust Pizza! Choice of Cheese, or Pepperoni! Fresh Cut Red and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">12</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
	Chicken Snack Wrap! Chicken Breast Strips, Lettuce & Tomato, Cheddar Cheese and Light Ranch Dressing Snuggled in a Whole Grain Tortilla! Baked Sweet Potato Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">16</p>	Whole Grain Cheese Ravioli! With Marinara Sauce Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">17</p>	Beef Taco Boat With Lettuce, Tomato, Cheese, and Salsa! Mexican Corn Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">18</p>	Fresh Made Pizza! Choice of Cheese, Pepperoni, or White Broccoli! Green Leaf Lettuce with Mushrooms & Olives Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">19</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish! Baked Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">22</p>	French Toast Sticks with Syrup! Chicken Sausage Patty Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">23</p>	Whole Grain Rotini & Meatballs with Marinara Sauce! Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">24</p>	Chicken & Pineapple Stir Fry over Fried Rice! Steamed Oriental Vegetables Fortune Cookie! Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">25</p>	Stuffed Crust Pizza! Choice of Cheese, or Pepperoni! Steamed Broccoli & Carrot Rounds Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">26</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
Whole Grain Waffles with Syrup, & Choice of Strawberries, or Blueberries! Oven Baked Tator Tots Sausage Links Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">29</p>	Whole Grain Breaded Chicken Tenders! Whole Grain Egg Noodles Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">30</p>	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli and Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">31</p>	Chicken Fajita! Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa with Onions & Peppers Nestled in a Whole Grain Tortilla! Fresh Made Southwest Bean Salad Choice of Fresh Fruit or Chilled Fruit & Milk <p style="text-align: right;">1</p>	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Tomato & Black Olive! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk <p style="text-align: right;">2</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt meal also includes a cheese stick.

Non-fat chocolate, skim, or 1% milk is available with each lunch.

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org