



Plainville Community Schools February 2018

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Waffles with Syrup, & Choice of Strawberries, or Blueberries! Oven Baked Tator Tots Sausage Links Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 29	Whole Grain Breaded Chicken Tenders! Whole Grain Egg Noodles Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 30	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli and Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 31	Chicken Fajita! Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa with Onions & Peppers Nestled in a Whole Grain Tortilla! Fresh Made Southwest Bean Salad Choice of Fresh Fruit or Chilled Fruit & Milk 1	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Tomato & Black Olive! Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 2
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Turkey Hotdog with Mild Chili on a Whole Grain Bun! BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 5	Chinese Chicken! Whole Grain Breaded Popcorn Chicken with Orange Sauce! Fried Rice Oriental Vegetables Fortune Cookie Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 6	Whole Grain Pasta & Meat Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 7	Turkey Chunks in Gravy Over Mashed Potato! Cranberry Sauce Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 8	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Roasted Red and Green Pepper! Fresh Baby Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 9
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Grilled Cheese on Whole Grain Flatbread! Baked Smile Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 12	Chicken Finger Snack Wrap! Breaded Chicken Fingers with Light Ranch Dressing & Lettuce & Tomato Wrapped in Whole Grain Flour Tortilla Fresh Grape Tomato Fresh or Chilled Fruit Choice of Milk 13	Meatball Grinder On a Whole Grain Grinder Roll! Steamed Seasoned Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 14	Stuffed Crust Pizza! Choice of Cheese or Pepperoni! Fresh Cut Cucumber with Light Ranch Dressing Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 15	<h3 style="margin: 0;">Winter Break!</h3>
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
		Pizza Sticks! Whole Grain Breadsticks Stuffed with Mozzarella Cheese, and Served with Pizza Dipping Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 21	Whole Grain Breaded Crispy Chicken Patty! On a Whole Grain Roll Oven Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 22	French Bread Pizza! Choice of Cheese or Pepperoni Fresh Cut Celery and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 23
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
Whole Grain Breaded Chicken Nuggets! With BBQ Dipping Sauce Whole Grain Egg Noodles Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 26	Whole Grain Pancakes with Syrup, & Choice of Strawberries, or Blueberries! Chicken Sausage Patty Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 28	Whole Grain Pasta with Meatballs! Marinara Sauce Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 28	Taco Nachos! Taco Meat, Diced Tomato, Lettuce, Cheddar Cheese & Salsa over Nacho Chips Fresh Made Mexican Corn Salad Choice of Fresh or Chilled Fruit & Milk 1	Fresh Made Pizza! Choice of Cheese, Pepperoni, or BBQ Chicken! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 2
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
<p><i>Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt meal also includes a cheese stick. Non-fat chocolate, skim, or 1% milk is available with each lunch. Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org</i></p>				