



April 2019

Plainville Community Schools

Pre-K SCHOOL LUNCH MENU- Price \$2.50

Online payments: www.myschoolbucks.com

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Hamburger or Cheeseburger on a WG Bun w/Lettuce Tomato Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 1	WG Nachos w/Beef Sauce, w/Cheese, & Salsa Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 2	Chicken Parmesan on WG Roll Baked Vegetarian Beans Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 3	Beefy WG Macaroni Bowl w/Shred Mozzarella and WG Garlic Bread Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 5	WG Fresh Made Pizza Choice of Cheese, or Buffalo Chicken Fresh Red Pepper & Celery Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 5
Daily Alternates: WG Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed Salad w/cheese				
WG=Whole Grain 	Spring Break Schools are closed Re-open April 15			
Daily Alternates: WG Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
WG Rotini & Meatballs and Marinara Sauce Steamed Spinach Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 15	Chicken Teriyaki on Seasoned Brown Rice Fresh Cherry Tomatoes Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 16	WG Breaded Mozzarella Sticks With Marinara Sauce Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 17	WG Twin Tacos w//Meat sauce, Lettuce, Tomato, Cheese, and Salsa Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 18	Good Friday Schools are Closed 19
Daily Alternates: WG Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
WG French Toast sticks w/Syrup Sausage Patty Tater Tots Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 22	Hot Meatball Grinder w/Mozzarella Cheese Topping on WG Roll Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 23	WG Chicken Patty on WG Roll BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 24	WG Popcorn Chicken w/Orange Sauce. Seasoned Rice Oriental Mixed Vegetables. Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk Fortune Cookie 25	WG Stuffed Crust Pizza Choice of Cheese or BBQ Chicken Fresh Broccoli Florets Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 25
Daily Alternates: WG Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
Grilled Cheese on WG Flatbread Fresh Broccoli Florets Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 29	WG Breaded Chicken Tenders, WG Roll Mashed Potato w/Gravy Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk 30	Hot Dog on WG Roll w/ Mild Chili Beans Topping Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk May 1	Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa with Onions & Peppers WG Tortilla Southwest Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk May 2	WG Fresh Made Pizza Choice of Cheese, Pepperoni, or Meatball Fresh Red Pepper & Celery Seasonal Fresh Fruit Chilled Fruit Cup 1% White Milk May 3
Daily Alternates: WG Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
For in Class Ordering: Main Entrée=Choice 1 Bagel & Yogurt=Choice 2 Peanut Butter =Choice 3				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt includes a cheese stick.

Salad w/mixed greens tomato wedge, cucumber slices, shredded cheese and WG roll.

Choice of Non-fat chocolate, skim, or 1% milk is available

Michael Koch, Food Service Director - 860-793-3234 kochm@plainvilleschools.org