

Plainville High School September 2019 Lunch Menu

September 2 to September 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	Labor Day	Cheese filled Breadstick w/side of Marinara sauce Steamed Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	BBQ Rib Sandwich on WG Grinder Roll Fresh Green Tossed Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Pancakes w/ Warm Strawberries or Blueberries, Sausage Patty Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Breast on a WG Kaiser Roll & Choice of Bleu Cheese or Ranch Dressing Steamed Green Peas Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.30	Labor Day	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Buffalo Chicken Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Cheese or Pepperoni Personal Pan Pizza Chick Pea Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza White Broccoli & Garlic Green Bean, Onions Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.55	Labor Day	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.80 Reduced -\$0 .40 Free- to those students that qualify	Menu Subject to Change	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.	Try our New Parfaits for Lunch! With: Strawberry, Blueberry and/or Peach with LF Yogurt and Granola! Served Daily		

Plainville High School September 2019 Lunch Menu

September 9 to September 13	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	Nacho's w/Meat sauce. Salsa, Shred Cheese & Sour Cream Steamed Black Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Hamburger/ Cheeseburger w/Lettuce & Tomato on WG Bun Baked French Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Cheese Ravioli w/ Marinara sauce, WG Garlic Bread Fresh Cucumber Slices w/Ranch Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Tenders w/ Dipping Sauce. WG Roll Butternut Squash Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Mozzarella Cheese Sticks w/Dinner Roll Fresh Green Salad w/Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.30	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust Black Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Cheese or Pepperoni Personal Pan Pizza Chick Pea Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Teriyaki Chicken Fresh Cut Carrots with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Buffalo Chicken Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.55 Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.80 Reduced -\$0 .40 Free to those students that qualify	Menu Subject to Change	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry	Try our New Parfaits for Lunch! With: Strawberry, Blueberry and/or Peach with LF Yogurt and Granola! Served Daily		

Plainville High School September 2019 Lunch Menu

September 16 to September 20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	BBQ Rib Sandwich on WG Grinder Roll Baked French Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Chicken Parmesan w/WG Penne, Marinara Sauce, WG Roll Steamed Green Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Early Dismissal Lunch Not served	Choice of Meat sauce or Alfredo w/Penne Pasta Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Breaded WG Popcorn Chicken with Orange Sauce Served Over Fried Rice Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.30	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Cherry Tomato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza BBQ Chicken Fresh Made Sweet Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Early Dismissal Lunch Not served	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Grilled Chicken Fresh Baby Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Turkey Bacon Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.55 Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Early Dismissal Lunch Not served	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.80 Reduced -\$0 .40 Free to those students that qualify	Menu Subject to Change	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			

Plainville High School May September 2019 Lunch Menu

September 23 to September 27	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	WG Chicken Tenders w/Dipping sauce, WG Dinner Roll Oven Baked French Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Taco Meat w/Baked Potato Wedges, WWG Dinner Roll, Shred Cheese and Sour Cream Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Meatball Sandwich on WG Grinder Roll w/Mozzarella Cheese Baked Cauliflower w/ Parmesan Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Pancakes w/ Warm Strawberries or Blueberries, Sausage Patty Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Breast on a WG Kaiser Roll & Choice of Bleu Cheese or Ranch Dressing BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.30	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Buffalo Chicken Fresh Grape Tomato with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Personal Pan Pizza Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.55 Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.80 Reduced -\$0 .40 Free to those students that qualify	Menu Subject to Change	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			

Plainville High School September 2019 Lunch Menu

September 30 to October 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	Baked Macaroni and Cheese w/WG Roll Steamed Black Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Twin WG Taco's w/Meat sauce Shred Cheese and Sour Cream Steamed Black Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk October 1	Chicken Teriyaki Rice Bowl Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk October 2	French Toast Sticks w/Syrup, Sausage Patty Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk October 3	Buffalo Chicken Breast on a WG Kaiser Roll & Choice of Bleu Cheese or Ranch Dressing Steamed Green Peas Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk October 4
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.30	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Cheeseburger Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza Personal Pan Pizza Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose from Mozzarella or Pepperoni Today's Specialty Pizza French Bread Pizza Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.55 Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order to Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.80 Reduced -\$0 .40 Free to those students that qualify		WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			

