

September 2019

PLAINVILLE SCHOOLS BREAKFAST MENU


Breakfast Prices- \$1.25

Reduced -\$.30

Free-to students that qualify

www.plainvilleschools.org

WG=Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Blueberry Glazed Pancake With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 3	Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 4	WG Lemon Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 5	Cherry Frudel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 6
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 9	Whole Grain Maple Glazed French Toast With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 10	Banana Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 11	Hot Breakfast! WG Egg & Cheese Bagel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 12	Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 13
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
WG Crumb Cake With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 16	Hot Breakfast! Sausage, Egg & Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 17	Whole Grain Apple Bread Stick With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 18	Mini Cinnamon French Toast w/Syrup With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 19	Cherry Frudel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 20
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 23	Hot Breakfast! WG Bacon Egg& Cheese on a Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 24	WG Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 25	Hot Breakfast! French Toast w/Syrup, Chicken Sausage Patty With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 26	WG Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 27
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Honey Wheat Breakfast Donut! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 30	Hot Breakfast! Sausage, Egg & Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk October 1	WG Chocolate Crescent With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk October 2	Hot Breakfast! WG Bacon Egg& Cheese on a Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk October 3	Whole Grain Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk October 4
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				

Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org