



# May 2019

## PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Prices- \$1.25  
 Reduced -\$.30  
 Free-to students that qualify  
[www.plainvilleschools.org](http://www.plainvilleschools.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="background-color: yellow; display: inline-block; padding: 2px;">WG=Whole Grain</p>		<p>WG Honey Wheat Breakfast Donut                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      Egg &amp; Cheese on WG English Muffin                      With Choice of Fresh Fruit in Season                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Blueberry Muffin                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Crumb Cake                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      Egg &amp; Cheese on WG English Muffin                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Blueberry Muffin                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      Egg &amp; Cheese on WG English Muffin                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Banana Bread                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Lemon Bread Slice                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      WG Mini Pancakes w/Syrup                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Apple Fruit Pocket                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      Mini French Toast                      With Choice of Fresh Fruit in Season                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Blueberry Muffin                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Honey Wheat Bar                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      Sausage, Egg &amp; Cheese on WG English Muffin                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Chocolate Crescent                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      WG Mini Pancakes w/Syrup                      Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Cinnamon Roll                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
	<p><b>Hot Breakfast!</b>                      Maple Glazed Pancake                      Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Lemon Bread                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p><b>Hot Breakfast!</b>                      WG Cinnamon Roll                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>	<p>WG Cinnamon Roll                      With Seasonal Fresh Fruit                      Chilled Fruit Cup                      or 100% Fruit Juice                      Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				

*Daily Alternate indicates main Breakfast entrée alternative. Fruit components are available with cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast. In all Elementary Schools bacon is made with 100% turkey, sausage with 100% chicken. Call or e-mail us with questions or comments - Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org*