



# Plainville Community Schools March 2019

## ELEMENTARY PRE SCHOOL LUNCH MENU- Price \$2.50

Online payments: [www.myschoolbucks.com](http://www.myschoolbucks.com)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WG=Whole Grain</b>		<b>MARCH MADNESS!</b> 	 Everyone's Irish On March 17th.	Fresh Made Pizza Choice of Cheese, Pepperoni, OR Meatball Fresh Red Pepper & Celery Fruit of the Day 1% Milk
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed Salad w/cheese</i>				
Hamburger or Cheeseburger on a WG Bun w/Lettuce Tomato BBQ Baked Beans Fruit of the Day 1% Milk  4	Beefy Macaroni Bowl with Shred Mozzarella and WG Garlic Bread Steamed Broccoli Fruit of the Day 1% Milk  5	WG Breaded Chicken Nuggets WG Egg Noodles Baked Vegetarian Beans Fruit of the Day 1% Milk  6	BBQ Chicken Breast on WG Roll Steamed Green Peas Fruit of the Day 1% Milk  7	Stuffed Crust Pizza Choice of Cheese, or Pepperoni Steamed Carrots Fruit of the Day 1% Milk  8
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
WG Rotini & Meatballs and Marinara Sauce Steamed Spinach Fruit of the Day 1% Milk  11	Chicken Snack Wrap Chicken Breast Strips, Lettuce & Tomato, Cheese and Light Ranch Dressing w/ Whole Grain Tortilla Baked Sweet Potato Fries Fruit of the Day 1% Milk  12	Breaded Mozzarella Sticks With Marinara Sauce Steamed Carrots Fruit of the Day 1% Milk  13	Taco w/Meat sauce, Lettuce, Tomato, Cheese, and Salsa Black Bean Salad Fruit of the Day 1% Milk  14	Schools Are Closed  15
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
WG Chicken Patty on WG Roll Baked French Fries Fruit of the Day 1% Milk  18	Hot Meatball Grinder w/Mozzarella Cheese topping on WG Roll Steamed Carrots Fruit of the Day 1% Milk  19	Nacho's w/ Beef sauce & Cheese, Salsa Steamed Black Beans Fruit of the Day 1% Milk  20	WG Popcorn Chicken w/Orange sauce Seasoned Rice Asian Vegetables Fruit of the Day 1% Milk <b>Fortune Cookie</b>  21	Stuffed Crust Pizza Choice of Cheese, or Pepperoni Steamed Broccoli Fruit of the Day 1% Milk  22
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
Grilled Cheese on WG Flatbread Fresh Broccoli Florets Fruit of the Day 1% Milk  25	WG Breaded Chicken Tenders, w/WG Roll Mashed Potato w/Gravy Fruit of the Day 1% Milk  26	Hamburger/Cheeseburger on a WG Roll Steamed Broccoli and Roasted Red Pepper Fruit of the Day 1% Milk  27	Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa with Onions & Peppers WG Tortilla Fresh Made Southwest Bean Salad Fruit of the Day 1% Milk  28	Fresh Made Pizza Choice of Cheese, Pepperoni, OR Meatball Fresh Red Pepper & Celery Fruit of the Day 1% Milk  29
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				

**Daily Alternates** indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt includes a cheese stick.

Salad w/mixed greens tomato wedge, cucumber slices, shredded cheese and WG roll.

Choice of Non-fat chocolate, skim, or 1% milk is available

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