

# Plainville High School March 2019 Lunch Menu

March 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><i>The PHS Hot Meal</i></b></p>					<p>Cheese Ravioli w/Marinara Sauce WG Dinner Roll Tossed Green Leaf Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p><b>The PHS Pizzeria</b></p> <p>All Pizzas are made fresh daily. Complete Meal: \$ 3.25</p>					<p>Choose From Mozzarella or Pepperoni Today's Specialty Pizza White Broccoli &amp; Garlic Green Bean, Onions &amp; Pepper Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p><b>The PHS Deli Sandwiches Prepared to Order</b></p> <p><b>Complete Meal: \$3.50</b></p> <p>Featured Deli Item &gt;</p>					<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments</p> <p>Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p><b>Pricing:</b> <b>For a Complete Meal:</b> <b>Paid -\$ 2.75</b> <b>Reduced -\$0 .40</b> <b>Free- to those students that qualify</b></p>		<p><b>WG=Whole Grain</b> Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.</p>			

# Plainville High School March 2019 Lunch Menu

March 4 to March 8	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><i>The PHS Hot Meal</i></b>	Cheddar Cheeseburger or Hamburger on a WG Kaiser Roll w/ Choice of Lettuce, Tomato, Onion Rings, Red Onion, BBQ Sauce or Pickle Chip Toppings Sweet Potato Waffle Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Breaded Chicken Nuggets With Choice of BBQ or Buffalo Dipping Sauces Mashed Potato w/Gravy Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	<b>Lunch not Served</b>  <b>Early Dismissal</b>	Baked Potato Wedges w/ Taco Meat, Broccoli, Cheese, and Sour Cream WG Dinner Roll Steamed Green Peas Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Mozzarella Sticks With Marinara Sauce WG Dinner Roll Steamed Seasoned Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
<b>The PHS Pizzeria</b> All Pizzas are made fresh daily.  <b>Complete Meal: \$ 3.25</b>	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Teriyaki Chicken Fresh Made Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato, Olive, & Red Onion Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	<b>Lunch not Served</b>	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Spinach & Sausage Fresh Made Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
<b>The PHS Deli Sandwiches Prepared to Order</b> <b>Complete Meal: \$3.50</b>  Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	<b>Lunch not Served</b>	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
<b>Pricing:</b> <b>For a Complete Meal:</b> <b>Paid -\$ 2.75</b> <b>Reduced -\$0 .40</b> <b>Free to those students that qualify</b>		<b>WG=Whole Grain</b> Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			

## Plainville High School March 2019 Lunch Menu

March 11 to March 15	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>The PHS Hot Meal</b>	WG Breaded Spicy Chicken Patty on a WG Kaiser Roll & Choice of Bleu Cheese or Ranch Dressing Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	French Toast Sticks with Syrup Sausage Links Baked Potato Wedges Whole Grain Dinner Roll Choice of Fresh Fruit in Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Meatball Grinder on WG Sub Roll Steamed Italian Mixed Vegetables Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Penne Pasta with Meat Sauce Fresh Steamed Italian Green Beans with Red Pepper Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Professional Development Day Schools are Closed
<b>The PHS Pizzeria</b> All Pizzas are made fresh daily.  <b>Complete Meal: \$ 3.25</b>	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Personal Pizza Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Steak & Cheese Fresh Cut Carrots with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Professional Development Day Schools are Closed
<b>The PHS Deli Sandwiches Prepared to Order</b> <b>Complete Meal: \$3.50</b>  Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Professional Development Day Schools are Closed
<b>Pricing:</b> <b>For a Complete Meal:</b> <b>Paid -\$ 2.75</b> <b>Reduced -\$0 .40</b> <b>Free to those students that qualify</b>		WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			

# Plainville High School March 2019 Lunch Menu

March 18 to March 22	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>The PHS Hot Meal</b>	WG Breaded Chicken Tenders With Choice of BBQ or Buffalo Dipping Sauces WG Egg Noodles with Basil Tomato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Beef Burger on a WG Roll w/Sautéed Onions, Peppers, American Cheese, Lettuce & Tomato Baked Vegetarian Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	<b>Lunch not Served</b>  <b>Early Dismissal</b>	WG Beef Taco With Choice of Lettuce, Tomato, Cheese, Salsa, and Sour Cream Grilled Onions & Peppers Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Breaded Popcorn Chicken with Orange Sauce Served Over Fried Rice with Oriental Vegetables Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <b>Fortune Cookie!</b>
<b>The PHS Pizzeria</b> All Pizzas are made fresh daily.  <b>Complete Meal: \$ 3.25</b>	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken Fresh Made Sweet Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	<b>Lunch not Served</b>  <b>Early Dismissal</b>	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Grilled Chicken Fresh Baby Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Turkey Bacon Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
<b>The PHS Deli Sandwiches Prepared to Order</b> <b>Complete Meal: \$3.50</b>  Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	<b>Lunch not Served</b>  <b>Early Dismissal</b>	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
<b>Pricing:</b> <b>For a Complete Meal:</b> <b>Paid -\$ 2.75</b> <b>Reduced -\$0 .40</b> <b>Free to those students that qualify</b>		<b>WG=Whole Grain</b> Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			

## Plainville High School March 2019 Lunch Menu

March 25 to March 29	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>The PHS Hot Meal</b>	Grilled Ham & Cheese on WG Flatbread Oven Baked French Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Breaded Chicken Tenders Choice of BBQ or Buffalo Dipping Sauces WG Dinner Roll Oven Baked French Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Breaded Mozzarella Sticks w/ Marinara Sauce Whole Grain Dinner Roll Steamed Broccoli and Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Fajita w/Chicken Lettuce, Tomato, Cheese, Salsa, & Sour Cream with Onions & Peppers Southwest Bean Salad Choice of Fresh Fruit or Chilled Fruit & Milk	Buffalo Chicken Breast on a WG Kaiser Roll & Choice of Bleu Cheese or Ranch Dressing Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
<b>The PHS Pizzeria</b> All Pizzas are made fresh daily.  <b>Complete Meal: \$ 3.25</b>	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Buffalo Chicken Fresh Grape Tomato with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Cheeseburger Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Personal Pan Pizza Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Stuffed Crust Fresh Made Potato Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
<b>The PHS Deli Sandwiches Prepared to Order</b> <b>Complete Meal: \$3.50</b>  Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments  Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
<b>Pricing:</b> <b>For a Complete Meal:</b> <b>Paid -\$ 2.75</b> <b>Reduced -\$0 .40</b> <b>Free to those students that qualify</b>		<b>WG=Whole Grain</b> Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry			