

# March 2019 PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Prices- \$1.25  
Reduced -\$.30  
Free-to students that qualify  
[www.plainvilleschools.org](http://www.plainvilleschools.org)

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><b>Breakfast is not served on Delayed Opening days</b></p> <p><b>WG=Whole Grain</b></p>	<p style="text-align: center;"><b>National School Breakfast Week March 4 to 8!</b></p> <p>Start your day right with a Nutritious Breakfast!</p>	<p><b>MARCH MADNESS!</b></p> 	<p>Everyone's Irish On March 17th.</p> 	<p>Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">4</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>Sausage, Egg &amp; Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">5</p>	<p>Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">6</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>Bacon, Egg, Cheese on Toasted WG Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">7</p>	<p>Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">8</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">11</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>WG Mini Pancakes w/Syrup With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">12</p>	<p>WG Honey Wheat Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">13</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>Egg &amp; Cheese on WG English Muffin With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">14</p>	<p>Schools Are Closed</p> <p style="text-align: right;">15</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>Sausage, Egg &amp; Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">19</p>	<p>WG Blueberry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">20</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>WG Mini Pancakes w/Syrup Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">21</p>	<p>WG Cinnamon Roll With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">22</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Honey Wheat Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">25</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>Bacon, Egg, Cheese on Toasted WG Bun Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">26</p>	<p>WG Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">27</p>	<p style="text-align: center;"><b>Hot Breakfast!</b></p> <p>Sausage Egg &amp; Cheese on a WG English Muffin Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">28</p>	<p>Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				

*Daily Alternate indicates main Breakfast entrée alternative. Fruit components are available with cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast. In all Elementary Schools bacon is made with 100 % turkey, sausage with 100% chicken. Call or e-mail us with questions or comments - Michael Koch Food Service Director at 793-3234, [kochm@plainvilleschools.org](mailto:kochm@plainvilleschools.org)*