

MSP March 2019 Lunch Menu

March 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal					Potato Wedges w/ Taco Meat, Broccoli, Tomato, Cheese, and Salsa, WG Dinner Roll Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.					Choose from Mozzarella, Pepperoni, or Tomato, Pepper & Onion Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli					Turkey & Cheese On a WG Grinder Roll Lettuce and Tomato Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.75 Reduced -\$0 .40 Free- to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain LF=Low Fat Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.	Menu is subject to change!	WG Pancakes With Syrup, & Choice of Warm Strawberries or Blueberries Sausage Links Baked Potato Wedges	

MSP March 2019 Lunch Menu

March 4 to March 8	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Sausage, Egg, & Cheese on a WG English Muffin Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Corn Dog w/Dipping Sauce Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Breaded Chicken Nuggets WG Egg Noodles Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Pancakes With Syrup, & Choice of Warm Strawberries or Blueberries Sausage Links Baked Potato Wedges Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choice of Cheese, or Pepperoni Stuffed Crust Pizza Fresh Roasted Green and Red Peppers Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Green Bean & Sweet Pepper Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Fresh Baby Carrots w/dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or White Pepperoni Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Buffalo Chicken Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Mushroom & Onion Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Buffalo Chicken Wrap Green Bean & Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Peanut Butter & Jelly on A WG Kaiser Roll With a Cheese Stick Green Bean & Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Salad in a WG Tortilla Wrap Lettuce & Tomato Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Mexican Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Salami, Ham & Turkey on WG Grinder Roll Lettuce & Tomato Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain LF=Low Fat	Menu is subject to change!		

MSP March 2019 Lunch Menu

March 11 to March 15	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Hamburger/Cheeseburger Lettuce & Tomato on WG Roll BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Snack Wrap Breaded Chicken Tenders, Lettuce & Tomato, Cheddar Cheese & LF Ranch Dressing WG Tortilla Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Whole Grain Breaded Mozzarella Sticks Marinara Sauce Steamed Broccoli and Roasted Red Pepper Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Twin Taco w/ Meat sauce, Lettuce, Tomato, Cheese, and Salsa Steamed Mexicali Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	School Closed
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Fresh Made Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Bacon Pizza Fresh Tomato w/Basil Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Buffalo Chicken Fresh Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	School Closed
The MSP Deli	Buffalo Chicken Wrap Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Fresh Made Chicken Salad on a Whole Grain Grinder Roll! Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chef Salad w/Mixed Greens, Ham, Turkey, Cheese w/WG Roll, Fresh Tomato w/Basil Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey Ham and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Fresh Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	School Closed
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain LF=Low Fat	Menu is subject to change!		

MSP March 2019 Lunch Menu

March 18 to March 22	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	BBQ Ribblet Sandwich (Boneless Pork Rib) WG Grinder Roll Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Parmesan (Marinara sauce w/Mozzarella Cheese) on a WG Roll Steamed Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Rotini & Meatballs with Marinara Sauce Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Buffalo Chicken Breast on WG Roll Baked Vegetarian Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Grilled Cheese w/Turkey Ham on Whole Grain Flatbread Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Green Bean & Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Bacon Pizza Fresh Made Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Meatball Cucumber and Dill Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Tomato, Pepper & Onion Fresh Carrot & Celery Sticks w/Ranch Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Peanut Butter & Jelly on A WG Grinder Roll With a Cheese Stick Green Bean & Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Salad in a WG Tortilla Wrap Lettuce & Tomato Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Wrap w/ Lettuce Fresh Made Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Tuna Salad in a WG Tortilla Wrap Lettuce & Tomato Cucumber and Dill Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Turkey & Cheese On a WG Grinder Roll Lettuce and Tomato Fresh Carrot & Celery Sticks w/Ranch Dressing Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free- to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain LF=Low Fat Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.	Menu is subject to change!		

MSP March 2019 Lunch Menu

March 25 to March 29	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	WG Pancakes with Syrup, Sausage Links Choice of Strawberries, or Blueberries Baked Sweet Potato Wedges Sausage Links Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Breaded Chicken Tenders Whole Grain Dinner Roll Mashed Potato & Gravy Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Breaded Mozzarella Sticks w/ Marinara Sauce Steamed Broccoli and Roasted Red Pepper Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Grilled Fajita Chicken in a WG Tortilla Lettuce, Tomato, Cheese, Salsa, & Sour Cream, Onions & Peppers Steamed Black Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Baked Ziti w/Marinara Sauce, Mozzarella Cheese, Meatballs Slice of Garlic Bread Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White Pepperoni Fresh Grape Tomato with Basil Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Bacon Fresh Made Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Meatball Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Tomato & Black Olive Fresh Made Cucumber and Dill Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Tomato, Pepper & Onion Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Chicken Salad on a WG Pretzel Roll Lettuce & Tomato Fresh Grape Tomato with Basil Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Peanut Butter & Jelly on A WG Kaiser Roll With a Cheese Stick Fresh Made Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Fresh Made Tuna Salad on a WG Tortilla Wrap Lettuce & Tomato Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Fresh Made Cucumber and Dill salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Ham & Cheese On a WG Flatbread Lettuce and Tomato Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain LF=Low Fat	Menu is subject to change!		

