



# Plainville Community Schools

## June 2019

### WHEELER ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Online payments: [www.myschoolbucks.com](http://www.myschoolbucks.com)

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Whole Grain Breaded Crispy Chicken Patty on a WG Bun 3 Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">3</p>	Grilled Cheese on WG Flatbread Steamed Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">4</p>	WG French Toast w/ Syrup, & Choice of Strawberries or Blueberries Sausage Links Fresh Tomato Salad w/Onion Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">5</p>	Macaroni Bowl-(WG Pasta w Tomato /Meat sauce & Cheese Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">6</p>	Pizza Stick w/ Marinara sauce Tossed Side Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">7</p>
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed Salad w/cheese</i>				
WG Twin Cisy Tacos w/Meat sauce, Cheese and Salsa Southwest Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">10</p>	WG Lasagna Roll Up w/Marinara sauce, Mozzarella Cheese Tossed Side salad w/ Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">11</p>	Whole Grain Breaded Chicken Nuggets, WG Roll Steamed Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">12</p>	Whole Grain Breaded Mozzarella Sticks Marinara Sauce Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">13</p>	Pizza Bites w/Marinara Sauce Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">14</p>
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
<b>Cookout Day!</b> Choice of Hamburger/cheeseburger or Hot Dog BBQ Baked Beans Slice of Fresh Watermelon Chilled Fruit Cup Choice of Milk <p style="text-align: right;">17</p>	WG Personal Pan Pizza – Choice of Cheese, Pepperoni Con on the Cob Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk <p style="text-align: right;">18</p>	Summer Vacation Begins! <p style="text-align: right;">19</p>	 <p style="text-align: right;">20</p>	NOTE: Separate Menu due to construction <p style="text-align: right;">21</p>
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
<p>The Healthy Hunger-Free Kids Act of 2010 requires all School Food Authorities (SFAs) to inform families about the availability and location of free meals for students over the summer months through the Summer Food Service Program. This is required even if the SFA is not participating in the Summer Meals Program. Families can use any of the following methods to locate sites that serve free meals to children during the summer: Call 211 or call 1.866.3Hungry or 1.877.8Hambre</p> <p>Text “<b>FOOD</b>” to 877-877 during the summer months for English or Text “<b>COMIDA</b>” to 877-877 during the summer months for Spanish. <a href="https://www.endhungerct.org/summer-meals/">https://www.endhungerct.org/summer-meals/</a></p>				
24	25	26	27	28
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
<b>WG=Whole Grain</b>				
Daily Alternates: <i>Bagel, Yogurt, &amp; Cheese Stick or Peanut Butter &amp; Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				

**Daily Alternates** indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt includes a cheese stick.

Salad w/mixed greens tomato wedge, cucumber slices, shredded cheese and WG roll.

Choice of Non-fat chocolate, skim, or 1% milk is available

Michael Koch, Food Service Director - 860-793-3234 [kochm@plainvilleschools.org](mailto:kochm@plainvilleschools.org)

**WG=Whole Grain**