

Plainville High School June 2019 Lunch Menu

June 3 to June 7	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	WG Chicken Patty on a WG Kaiser Roll Oven Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Penne Pasta with Meat Sauce Fresh Steamed Italian Steamed Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Stir Fry Chicken & Pineapple in a Whole Grain Grinder Roll! Steamed Asian Vegetables Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk Fortune Cookie!	Hamburger or Cheeseburger on a WG Roll Onion Rings Lettuce and Tomato Spiral Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	W Pizza Stick w/ Marinara Sauce, WG Roll Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.25	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Pesto Chicken Green and Red pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Steak and Cheese Fresh Cut Carrots w/Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza French Bread Pizza Green Bean Onion & Pepper Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Teriyaki Chicken Fresh Mace Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose From Mozzarella or Pepperoni Today's Specialty Pizza Tomato Olive and Red Onion Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.50 Featured Deli Item >	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments! Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments! Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments! Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments! Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments! Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.75 Reduced -\$0 .40 Free- to those students that qualify	Also Available Daily: Buffalo Chicken Wrap or Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.			

Plainville High School June 2019 Lunch Menu

June 10 to June 14	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">The PHS Hot Meal</p>	<p>WG Chicken Nuggets w/Choice of Buffalo or BBQ Sauce Tomato and Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>WG Lasagna Roll Up w/Marina Sauce. Cheese and WG Roll Tossed Green Salad Side Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Exams Begin- June 12 until June 18th. Breakfast Is Available</p>		<p style="text-align: center;">Please see note below.</p>
<p style="text-align: center;">The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.25</p>	<p><i>Choose From Mozzarella or Pepperoni</i> Today's Specialty Pizza BBQ Chicken Fresh Made Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p><i>Choose From Mozzarella or Pepperoni</i> Today's Specialty Pizza Sausage and Pepper Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>			
<p style="text-align: center;">The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.50</p> <p style="text-align: center;">Featured Deli Item ></p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with Choice of Assorted Vegetable Toppings and Accompaniments!</p> <p>Served with Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>			
	<p>Also Available Daily:</p> <p>Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing</p>	<p style="text-align: center;">WG=Whole Grain</p>			

The Healthy Hunger-Free Kids Act of 2010 requires all School Food Authorities (SFAs) to inform families about the availability and location of free meals for students over the summer months through the Summer Food Service Program. This is required even if the SFA is not participating in the Summer Meals Program. Families can use any of the following methods to locate sites that serve free meals to children during the summer: Call 211 or call

1.866.3Hungry or 1.877.8Hambre

Text “**FOOD**” to 877-877 during the summer months for English or Text “**COMIDA**” to 877-877 during the summer months for Spanish. <https://www.endhungerct.org/summer-meals/>