



June 2019

PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Prices- \$1.25
 Reduced -\$.30
 Free-to students that qualify
www.plainvilleschools.org

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
WG Lemon Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 3	Hot Breakfast! Egg & Cheese on WG English Muffin With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 4	WG Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 5	Hot Breakfast! WG Egg & Cheese Bagel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 6	Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 7
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 10	Hot Breakfast! Sausage, Egg & Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 11	Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 12	Hot Breakfast! Bacon, Egg, Cheese on Toasted WG Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 13	Mini Cinnamon Rolls With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 14
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Hot Breakfast! WG Bacon Egg & Cheese on a Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 17	WG Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 18	Summer Vacation Begins! 19	 20	 21
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
24	Last Day of Breakfast Service – All Elementary -June 18 MSP – June 12 PHS – June 12			28
The Healthy Hunger-Free Kids Act of 2010 requires all School Food Authorities (SFAs) to inform families about the availability and location of free meals for students over the summer months through the Summer Food Service Program. This is required even if the SFA is not participating in the Summer Meals Program. Families can use any of the following methods to locate sites that serve free meals to children during the summer: Call 211 or call 1.866.3Hungry or 1.877.8Hambre Text “ FOOD ” to 877-877 during the summer months for English or Text “ COMIDA ” to 877-877 during the summer months for Spanish. https://www.endhungerct.org/summer-meals/				
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<i>Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org</i>				