






Plainville Community Schools February 2019

ELEMENTARY PRE SCHOOL MENU- Lunch Price \$2.50

Online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG=Whole Grain				Fresh Made Pizza Choice of Cheese, Pepperoni, OR Meatball Fresh Red Pepper & Celery Fruit of the Day 1% Milk 1
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed Salad w/cheese				
Hamburger or Cheeseburger on a WG Bun w/Lettuce Tomato BBQ Baked Beans Fruit of the Day 1% Milk 4	Three Cheese Calzone with Pizza Sauce Steamed Broccoli Fruit of the Day 1% Milk 5	Whole Grain Breaded Chicken Nuggets Whole Grain Egg Noodles Baked Sweet Potato Fries Fruit of the Day 1% Milk 6	Whole Grain Penne Pasta with Meat Sauce Steamed Green Beans Fruit of the Day 1% Milk 7	Stuffed Crust Pizza Choice of Cheese, or Pepperoni Steamed Carrots Fruit of the Day 1% Milk 8
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
WG Rotini & Meatballs and Marinara Sauce Steamed Spinach Fruit of the Day 1% Milk 11	Chicken Snack Wrap Chicken Breast Strips, Lettuce & Tomato, Cheese and Light Ranch Dressing w/ Whole Grain Tortilla Baked Sweet Potato Fries Fruit of the Day 1% Milk 12	Breaded Mozzarella Sticks With Marinara Sauce Steamed Carrots Fruit of the Day 1% Milk 13	Taco w//Meat sauce, Lettuce, Tomato, Cheese, and Salsa Black Bean Salad Fruit of the Day 1% Milk 14	Winter Vacation 15
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
Winter Vacation 18	 Winter Vacation 19	Sausage, Egg, & Cheese on a WG Bun BBQ Baked Beans Fruit of the Day 1% Milk 20	Chicken & Pineapple Stir Fry over Fried Rice Asian Vegetables Fruit of the Day 1% Milk Fortune Cookie 21	Stuffed Crust Pizza Choice of Cheese, or Pepperoni Steamed Broccoli Fruit of the Day 1% Milk 22
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				
Grilled Cheese on WG Flatbread Steamed Con Fruit of the Day 1% Milk 25	WG Breaded Chicken Tenders Mashed Potato w/Gravy Fruit of the Day 1% Milk 26	Whole Grain Breaded Mozzarella Sticks Marinara Sauce Steamed Broccoli and Roasted Red Pepper Fruit of the Day 1% Milk 27	Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa with Onions & Peppers WG Tortilla Fresh Made Southwest Bean Salad Fruit of the Day 1% Milk 28	
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt includes a cheese stick.

Salad w/mixed greens tomato wedge, cucumber slices, shredded cheese and WG roll.

Choice of Non-fat chocolate, skim, or 1% milk is available

Michael Koch, Food Service Director - 860-793-3234 kochm@plainvilleschools.org