

# February 2019

## PLAINVILLE SCHOOLS PRESCHOOL BREAKFAST MENU

Breakfast Prices- \$1.25

Reduced -\$.30

Free-to students that qualify

[www.plainvilleschools.org](http://www.plainvilleschools.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Breakfast is not served on Delayed Opening days</b></p> <p><b>WG=Whole Grain</b></p>				<p>Choice of Whole Grain Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">1</p>
<p>Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk</p>				
<p>Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">4</p>	<p>Choice of Whole Grain Cereal With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">5</p>	<p>Choice of Whole Grain Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">6</p>	<p>Choice of Whole Grain Cereal With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">7</p>	<p>Choice of Whole Grain Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">8</p>
<p>Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk</p>				
<p>Choice of Whole Grain Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">11</p>	<p>Choice of Whole Grain Cereal Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">12</p>	<p>Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">13</p>	<p><b>Hot Breakfast!</b> Egg &amp; Cheese on WG English Muffin With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">14</p>	<p style="text-align: center;">Winter Holiday Break</p> <p style="text-align: right;">15</p>
<p>Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk</p>				
<p style="text-align: center;">Winter Holiday Break</p> <p style="text-align: right;">18</p>	<p style="text-align: center;">Winter Holiday Break</p> <p style="text-align: right;">19</p>	<p>Choice of Whole Grain Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">20</p>	<p>Choice of Whole Grain Cereal With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">21</p>	<p>Choice of Whole Grain Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">22</p>
<p>Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk</p>				
<p>Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">25</p>	<p>Choice of Whole Grain Cereal With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">26</p>	<p>Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">27</p>	<p><b>Hot Breakfast!</b> Egg &amp; Cheese on WG English Muffin With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">28</p>	
<p>Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk</p>				
<p><i>Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, <a href="mailto:kochm@plainvilleschools.org">kochm@plainvilleschools.org</a></i></p>				