





Plainville Community Schools February 2019

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG=Whole Grain		<i>Happy Valentine's Day</i>		Fresh Made Pizza Choice of Cheese, Pepperoni, OR Meatball Fresh Red Pepper & Celery Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 1
<i>Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed Salad w/cheese</i>				
Hamburger or Cheeseburger on a WG Bun w/Lettuce Tomato BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 4	Three Cheese Calzone with Pizza Sauce Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 5	Whole Grain Breaded Chicken Nuggets Whole Grain Egg Noodles Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 6	Whole Grain Penne Pasta with Meat Sauce Steamed Green Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 7	Stuffed Crust Pizza Choice of Cheese, or Pepperoni Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 8
<i>Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
WG Rotini & Meatballs and Marinara Sauce Steamed Spinach Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 11	Chicken Snack Wrap Chicken Breast Strips, Lettuce & Tomato, Cheese and Light Ranch Dressing Snuggled in a Whole Grain Tortilla Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 12	Breaded Mozzarella Sticks With Marinara Sauce Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 13	Twin Tacos w//Meatsauce, Lettuce, Tomato, Cheese, and Salsa Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 14	Winter Vacation 15
<i>Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
Winter Vacation 18	 Winter Vacation 19	Sausage, Egg, & Cheese on a WG Bun BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 20	Chicken & Pineapple Stir Fry over Fried Rice Asian Vegetables Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk Fortune Cookie 21	Stuffed Crust Pizza Choice of Cheese, or Pepperoni Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 22
<i>Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
Grilled Cheese on WG Flatbread Steamed Con Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 25	WG Breaded Chicken Tenders Mashed Potato w/Gravy Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 26	Whole Grain Breaded Mozzarella Sticks Marinara Sauce Steamed Broccoli and Roasted Red Pepper Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 27	Grilled Fajita Chicken with Lettuce, Tomato, Cheese, & Salsa with Onions & Peppers WG Tortilla Fresh Made Southwest Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk 28	
<i>Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt includes a cheese stick.

Salad w/mixed greens tomato wedge, cucumber slices, shredded cheese and WG roll.

Choice of Non-fat chocolate, skim, or 1% milk is available

Michael Koch, Food Service Director - 860-793-3234 kochm@plainvilleschools.org