

MSP April 2019 Lunch Menu

April 1 to April 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Hamburger/Cheeseburger Lettuce & Tomato on WG Roll BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Whole Grain Breaded Mozzarella Sticks Marinara Sauce Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Rotini & Meatballs with Marinara Sauce Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG French Toast Sticks With Syrup, & Choice of Warm Strawberries or Blueberries Sausage Links Baked Potato Wedges Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Patty on WG Bun Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from WG Mozzarella, Pepperoni, or White w/ Pepperoni Fresh Made Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Bacon Pizza Fresh Tomato w/Basil Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Bacon Pizza Fresh Made Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Meatball Cucumber and Dill Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Tomato, Pepper & Onion Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	WG Buffalo Chicken Wrap Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chef Salad w/Mixed Greens, Ham, Turkey, Cheese w/WG Roll, Fresh Tomato w/Basil Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Peanut Butter & Jelly on A WG Kaiser Roll With a Cheese Stick Fresh Made Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Tuna Salad in a WG Tortilla Wrap Lettuce & Tomato Cucumber and Dill Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Turkey & Cheese On a WG Grinder Roll Lettuce and Tomato Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free- to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain LF=Low Fat Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.	Menu is subject to change!	Please Note: April 8 to April 12 – School Spring Break- All schools closed, will Re-Open on Monday April 15.	

MSP April 2019 Lunch Menu

April 15 to April 19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Potato Wedges w/ Taco Meat, Broccoli, Tomato, Cheese, and Salsa, Toppings WG Dinner Roll Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Chicken Corn Dog w/Dipping Sauce BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Breaded Chicken Nuggets WG Egg Noodles Steamed Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Twin Pizza Sticks w/Marinara Sauce Tossed Green Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	School Closed
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from WG Mozzarella, Pepperoni, or White w/ Pepperoni Green Bean& Sweet Pepper Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or BBQ Chicken Fresh Baby Carrots w/dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or White Pepperoni Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Buffalo Chicken Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	School Closed
The MSP Deli	WG Buffalo Chicken Wrap Green Bean& Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Peanut Butter & Jelly on A WG Kaiser Roll With a Cheese Stick Fresh Baby Carrots w/dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Salad in a WG Tortilla Wrap Lettuce & Tomato Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Mexican Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	School Closed
Pricing: For a Complete Meal: Paid -\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain LF=Low Fat	Menu is subject to change!		

MSP April 2019 Lunch Menu

April 22 to April 26	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Turkey Hot Dog on WG Roll, & Mild Chili Topping BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Crispy Chicken Patty On a WG Roll, Lettuce & Tomato Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Philly Cheesesteak on WG Grinder Roll w/Onions and Peppers Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Twin Taco w/ Meat sauce, Lettuce, Tomato, Cheese, and Salsa& Sour Cream Steamed Mexicali Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choice of WG Cheese, or Pepperoni Stuffed Crust Pizza Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from WG Mozzarella, Pepperoni, or White w/ Pepperoni Fresh Made Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or BBQ Chicken Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Bacon Pizza Fresh Tomato w/Basil Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Buffalo Chicken Fresh Carrot Sticks Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from WG Mozzarella, Pepperoni, or Personal Pan Pizza Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	WG Buffalo Chicken Wrap Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Fresh Made Chicken Salad on a Whole Grain Grinder Roll! Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chef Salad w/Mixed Greens, Ham, Turkey, Cheese w/WG Roll, Fresh Tomato w/Basil Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey Ham and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Fresh Carrot Sticks Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Salami, Ham & Turkey on WG Grinder Roll Lettuce & Tomato Black Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain LF=Low Fat	Menu is subject to change!		

MSP April 2019 Lunch Menu

April 29 to May 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	BBQ Rib Sandwich (Boneless Pork Rib) WG Grinder Roll Baked Sweet Potato Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Parmesan Marinara sauce & Mozzarella Cheese WG Roll Steamed Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Nacho's w/Taco Meat Shred Lettuce, Tomato, Sour Cream, Shred Cheese Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Buffalo Chicken Patty on WG Roll Baked Vegetarian Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Grilled Cheese w/Turkey & Ham on WG Flatbread Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Green Bean & Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Bacon Pizza Fresh Made Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Meatball Cucumber and Dill Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Tomato, Pepper & Onion Fresh Carrot & Celery Sticks w/Ranch Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Peanut Butter & Jelly on A WG Grinder Roll With a Cheese Stick Green Bean & Sweet Pepper salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Salad in a WG Tortilla Wrap Lettuce & Tomato Fresh Made Tomato & Cucumber Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Wrap w/ Lettuce Fresh Made Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Tuna Salad in a WG Tortilla Wrap Lettuce & Tomato Cucumber and Dill Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Turkey & Cheese On a WG Grinder Roll Lettuce and Tomato Fresh Carrot & Celery Sticks w/Ranch Dressing Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
Pricing: For a Complete Meal: Paid - \$ 2.75 Reduced - \$0 .40 Free- to those students that qualify	Also Available Daily: Fresh Salad - mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain LF=Low Fat Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.	Menu is subject to change!		

