

Plainville Community Schools

March 2018

PRE- SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Whole Grain Breaded Chicken Nuggets! Whole Grain Egg Noodles Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">26</p>	Whole Grain Pancakes with Syrup! Chicken Sausage Patty Sweet Potato Waffle Fries Fruit of the Day 1% Milk <p style="text-align: right;">27</p>	Whole Grain Pasta with Meatballs! Marinara Sauce Steamed Catalina Vegetables Fruit of the Day 1% Milk <p style="text-align: right;">28</p>	Taco Nachos! Taco Meat, Diced Tomato, Lettuce, Cheddar Cheese, & Salsa over Nacho Chips Fresh Made Mexican Corn Salad Fruit of the Day 1% Milk <p style="text-align: right;">1</p>	Fresh Made Pizza! Choice of Cheese, or Pepperoni, Fresh Grape Tomatoes Fruit of the Day 1% Milk <p style="text-align: right;">2</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Cheeseburger or Hamburger on a Whole Grain Bun! Sweet Potato Waffle Fries Fruit of the Day 1% Milk <p style="text-align: right;">5</p>	Chicken Fajita! Fajita Chicken, Lettuce, Tomato, Salsa, & Cheese Nestled in a Whole Grain Tortilla! Fajita Vegetables Fruit of the Day 1% Milk <p style="text-align: right;">6</p>	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli Fruit of the Day 1% Milk <p style="text-align: right;">7</p>	Loaded Wedges! Baked Potato Wedges Smothered With Taco Meat, Broccoli, & Cheese! Whole Grain Dinner Roll Fruit of the Day 1% Milk <p style="text-align: right;">8</p>	Stuffed Crust Pizza! Choice of Cheese, or Pepperoni Tossed Green Leaf Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">9</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Boneless BBQ Pork Ribs On a Whole Grain Bun! Oven Baked Crinkle Cut Fries Fruit of the Day 1% Milk <p style="text-align: right;">12</p>	Oriental Chicken! Breaded Popcorn Chicken with Orange Sauce Served Over Fried Rice with Oriental Vegetables Fruit of the Day 1% Milk <p style="text-align: right;">13</p>	Whole Grain Rotini with Meat Sauce! Green Leaf Tossed Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">14</p>	Pizza Sticks! Whole Grain Breadsticks Stuffed with Mozzarella Cheese, with Pizza Dipping Sauce! Fresh Cut Cucumber Fruit of the Day 1% Milk <p style="text-align: right;">15</p>	Professional Development Day, No School!
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Whole Grain Breaded Crispy Chicken Patty On a Whole Grain Bun! Steamed Catalina Vegetables Fruit of the Day 1% Milk <p style="text-align: right;">19</p>	Whole Grain French Toast Sticks! With Syrup Chicken Sausage Pattie Baked Potato Wedges Fruit of the Day 1% Milk <p style="text-align: right;">20</p>	Whole Grain Breaded Chicken Nuggets! Steamed Spinach Fruit of the Day 1% Milk <p style="text-align: right;">21</p>	Sloppy Joe on a Whole Grain Bun! Fresh Cut Tomato Wedges Fruit of the Day 1% Milk <p style="text-align: right;">22</p>	Fresh Made Pizza! Choice of Cheese or Pepperoni Fresh Made Tomato & Cucumber Salad Fruit of the Day 1% Milk <p style="text-align: right;">23</p>
Daily Alternates: Bagel, Yogurt, & Cheese Stick				
Honey Mustard Chicken Snack Wrap! Chicken Breast Strips with Honey Mustard Dressing, Lettuce & Tomato, & Cheddar Cheese, Wrapped in a Whole Grain Tortilla Steamed Green Beans Fruit of the Day 1% Milk <p style="text-align: right;">26</p>	Grilled Cheese on Whole Grain Flatbread! Baked Smile Fries Fruit of the Day 1% Milk <p style="text-align: right;">27</p>	Three Cheese Calzone with Pizza Sauce! Tomato, Basil & Mozzarella Salad Fruit of the Day 1% Milk <p style="text-align: right;">28</p>	Fresh Made Pizza! Choice of Cheese or Pepperoni Tossed Green Leaf Garden Salad Fruit of the Day 1% Milk <p style="text-align: right;">29</p>	GOOD FRIDAY!
Daily Alternates: Bagel, Yogurt, & Cheese Stick				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel, Yogurt & Cheese Stick entrée.

This menu conforms to the new USDA Meal Pattern for Pre-school children ages 3-4

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org