

# PLAINVILLE HIGH SCHOOL

September 4 through September 7, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS!</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>	<p><b>Labor Day!</b></p>	<p><b>Whole Grain French Toast Sticks with Syrup!</b>            Whole Grain Dinner Roll            Chicken Sausage Patty            Oven Baked Tator tots            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Pasta with Meat Sauce!</b>            Steamed Seasoned Broccoli            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Wok &amp; Roll!</b>  <b>Stir Fry Chicken &amp; Oriental Vegetables Nestled in a Whole Grain Grinder Roll!</b>  <b>Fortune Cookie!</b>            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Oven Roasted BBQ Chicken!</b>            Whole Grain Dinner Rolls            Mashed Potato            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>PHS Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>		<p><i>Freshly Prepared Pizza!</i>            Choose From Mozzarella or Pepperoni  <b>Today's Specialty Pizza BBQ Chicken!</b>            Fresh Made Potato Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose From Mozzarella or Pepperoni  <b>Today's Specialty Pizza Cheeseburger!</b>            Fresh Broccoli Florets            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose From Mozzarella or Pepperoni  <b>Today's Specialty Pizza Tomato &amp; Fresh Basil!</b>            Fresh Cut Cucumber with Dill            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose From Mozzarella or Pepperoni  <b>Today's Specialty Pizza Sausage &amp; Pepper!</b>            Fresh Grape Tomato with Fresh Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>The Delectable Deli and Salads &amp; Such!</b>  <b>Sandwiches, Wraps, and Chef Salads to go!</b>  <b>Complete Meal \$3.50</b></p> <p>Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings &amp; Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &amp;Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &amp;Choice of Milk</p>		<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>

# PLAINVILLE HIGH SCHOOL

September 10 through September 14, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS!</b> <b>Complete Meals</b> <b>\$2.75</b></p>	<p><b>Whole Grain Breaded Buffalo Chicken Patty on a Whole Grain Kaiser Roll!</b> With Lettuce &amp; Tomato &amp; Ranch Dressing Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Breaded Mozzarella Sticks with Marinara Sauce!</b> Whole Grain Dinner Roll Fresh Steamed Yellow and Zucchini Squash with Fresh Roasted Red Pepper Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Pastaria!</b> <b>Whole Grain Pasta with Choice of Italian Sausage or Sautéed Chicken!</b> <b>Choice of Marinara, Low Fat Alfredo, or Spicy Pizza Sauce!</b> Fresh Made Tomato &amp; Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Stuffed Baked Potato!</b> With Taco Meat, Broccoli, Cheddar Cheese, &amp; Sour Cream Whole Grain Dinner Rolls Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Chicken Cacciatore over Whole Grain Pasta!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>PHS Pizzeria</b></p> <p><b>Complete Pizza Meal</b> <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Steak &amp; Cheese!</b> Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza White Broccoli &amp; Garlic!</b> Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza BBQ Pork!</b> Fresh Made Tomato &amp; Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Pesto Chicken!</b> Fresh Made Sweet Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Tomato Olives &amp; Red Onion!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>The Delectable Deli and Salads &amp; Such!</b> <b>Sandwiches, Wraps, and Chef Salads to go!</b> <b>Complete Meal \$3.50</b> Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings &amp; Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &amp;Choice of Milk  Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &amp;Choice of Milk</p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>

# PLAINVILLE HIGH SCHOOL

September 17 through September 21, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS!</b> <b>Complete Meals</b> <b>\$2.75</b></p>	<p><b>Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish &amp; Lettuce &amp; Tomato!</b> Oven Baked Spiral Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Breaded Chicken Nuggets with Choice of BBQ or Buffalo Dipping Sauces!</b> Whole Grain Noodles with Fresh Basil Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p style="text-align: center;"><b>No Lunch Served Today!</b></p>	<p><b>Grilled Chicken Fajita in a Whole Grain Taco Bowl!</b> With Lettuce, Tomato, Salsa, Cheddar Cheese and Sour Cream Steamed Fajita Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Sloppy Joe on a Whole Grain Kaiser Roll!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>PHS Pizzeria</b></p> <p><b>Complete Pizza Meal</b> <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Stuffed Crust!</b> Fresh Made Corn &amp; Pea Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Mushroom!</b> Fresh Made Three Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>		<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Meatball!</b> Fresh Cut Red and Green Pepper Strips Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Spinach &amp; Sausage!</b> Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>The Delectable Deli and Salads &amp; Such!</b> <b>Sandwiches, Wraps, and Chef Salads to go!</b> <b>Complete Meal \$3.50</b></p> <p>Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings &amp; Accompaniments., Choice of Fresh Fruit in Season or Chilled Fruit &amp; Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &amp; Choice of Milk</p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>		<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>

# PLAINVILLE HIGH SCHOOL

September 24 through September 28, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS!</b> <b>Complete Meals</b></p> <p style="text-align: right;"><b>\$2.75</b></p>	<p><b>Whole Grain Pancakes With Syrup with Strawberries and Whipped Cream!</b> Sausage Links Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Grilled Southwest Chicken Slices on a Whole Grain Grinder Roll with Roasted Peppers!</b> Black Bean &amp; Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Whole Grain Pasta with Meat Balls!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Beef Taco with Lettuce, Tomato, Salsa, &amp; Sour Cream in a Whole Grain Taco Bowl!</b> Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><b>Buffalo Chicken Wrap! With Lettuce &amp; Tomato, Ranch Dressing, &amp; Cheddar Cheese in a Whole Grain Tortilla!</b> Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>PHS Pizzeria</b></p> <p><b>Complete Pizza Meal</b> <i>Slice of Freshly Prepared Pizza, Offered with the Vegetable of the Day, Fresh or Chilled Fruit, and Choice of Milk for \$3.25</i></p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Teriyaki Chicken &amp; Pineapple!</b> Fresh Cut Tomato Wedges with Basil Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Fresh Roasted Pepper &amp; Onions!</b> Black Bean &amp; Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Tomato &amp; Pesto!</b> Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Stuffed Crust!</b> Fresh Made Mexican Corn Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i> Choose From Mozzarella or Pepperoni <b>Today's Specialty Pizza Sausage!</b> Fresh Cut Cucumber with Dill Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>
<p><b>The Delectable Deli and Salads &amp; Such!</b> <b>Sandwiches, Wraps, and Chef Salads to go!</b> <b>Complete Meal \$3.50</b> Made to order Deli Sandwiches come complete with your choice of Whole Grain Hard Roll, Grinder Roll or Wrap, with your choice of Vegetable Toppings &amp; Accompaniments,, Choice of Fresh Fruit in Season or Chilled Fruit &amp;Choice of Milk</p> <p>Made To Order Chef Salads are served with Whole Wheat Dinner Roll or Breadstick, Choice of Fresh Fruit in Season or Chilled Fruit &amp;Choice of Milk</p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>	<p><b>Deli Sandwiches and Chef Salads Prepared Fresh to Order To Your Specification with your Choice of Assorted Vegetable Toppings and Accompaniments!</b></p> <p style="text-align: center;"><b>Served with Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</b></p>