

Plainville High School December 2018 Lunch Menu

December 3 to December 7	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The PHS Hot Meal	Beef Hamburger on a WG Bun, Turkey Bacon, Onion Ring Baked Crinkle Cut French Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Pasta w/Meat sauce WG Roll Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Patty on WG Roll BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Chicken Nuggets w/Mashed Potatoes, Chicken Gravy, WG Roll Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Stromboli-w/Mozzarella, Pizza Sauce Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Pizzeria All Pizzas are made fresh daily. Complete Meal: \$ 3.25	Choose from: Mozzarella, Pepperoni, or Meatball Pizza Fresh Cut Celery and Green Pepper Strips Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from: Mozzarella, Pepperoni, or Veggie-Tomato, Pepper, Onion Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from: Mozzarella, Pepperoni, or Bacon Pizza Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from: Mozzarella, Pepperoni, or Buffalo Chicken Fresh Cut Red & Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from: Mozzarella, Pepperoni, or Stuffed Crust Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The PHS Deli Sandwiches Prepared to Order Complete Meal: \$3.50 Featured Deli Item >	Featured Deli Item: Ham & Cheese on a WG Kaiser Roll w/ Lettuce and Tomato Fresh Cut Celery and Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Featured Deli Item Italian sausage and Pepper Sub w/Parmesan Cheese With Lettuce and Tomato Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Featured Deli Item Chef Salad w/Mixed Greens, Ham, Turkey, Cheese w/WG Roll, Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Featured Deli Item Ham and Cheese Wrap w/Lettuce, WG Tortilla Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Featured Deli Item Chicken Salad w/ WG Tortilla Wrap Lettuce and Tomato Fresh Cut Cucumber with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid -\$ 2.75 Reduced -\$0 .40 Free- to those students that qualify	Also Available Daily: Buffalo Chicken Wrap or Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.			

Plainville High School December 2018 Lunch Menu

December 10 to December 14	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">The PHS Hot Meal</p>	<p>Grilled Chicken Fajita in a WG Tortilla With Cheese, Salsa, Onions & Peppers Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Beef Hamburger on a WG Bun, Turkey Bacon, Onion Ring Baked Crinkle Cut French Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Grilled Turkey Hotdog on a Whole Grain Torpedo Roll With a Choice of Chili, Sauerkraut, Onions, BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p>Soft Taco(s) w/ Meat sauce, Cheddar Cheese, & Salsa Fiesta Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Meatball Parmesan Hero on WG Roll Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p style="text-align: center;">The PHS Pizzeria</p> <p>All Pizzas are made fresh daily.</p> <p style="text-align: center;">Complete Meal: \$ 3.25</p>	<p>Choose from Mozzarella, Pepperoni, or Veggie-Tomato, Pepper, Onion Steamed Broccoli Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Choose from Mozzarella, Pepperoni, or BBQ Chicken Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Choose from Mozzarella, Pepperoni, or Meatball Pizza Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Choose from Mozzarella, Pepperoni, or Buffalo Chicken Mexican Corn Salad Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p>Choose from Mozzarella, Pepperoni, or Mushroom & Onion Fresh Cut Red & Green Peppers Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p style="text-align: center;">The PHS Deli Sandwiches Prepared to Order</p> <p style="text-align: center;">Complete Meal: \$3.50</p> <p style="text-align: center;">Featured Deli Item ></p>	<p style="text-align: center;">Featured Deli Item</p> <p>Ham & Cheese on a WG Kaiser Roll w/ Lettuce and Tomato Fresh Cut Celery and Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p>Italian sausage and Pepper Sub w/Parmesan Cheese With Lettuce and Tomato Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p>Buffalo Chicken Wrap w/ Lettuce Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p>Italian Meatball Sub w/Parmesan Cheese Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p>Egg Salad on a Whole Grain Tortilla Wrap Lettuce & Tomato Fresh Cut Red & Green Peppers Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p>Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify</p>	<p>Also Available Daily:</p> <p>Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing</p>	<p style="text-align: center;">WG=Whole Grain</p>			

Plainville High School December 2018 Lunch Menu

December 17 to December 21	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">The PHS Hot Meal</p>	<p style="text-align: center;">WG Pizza Sticks w/Marinara Sauce, WG Roll Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p style="text-align: center;">WG French Toast Sticks with Syrup Egg & Cheese Patty Oven Baked Tater Tots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk</p>	<p style="text-align: center;">Holiday Dinner</p> <p style="text-align: center;">Turkey In Gravy w/Mashed Potatoes WG Stuffing Cranberry Sauce Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Southwest WG Flatbread Sandwich-Turkey, Provolone Salsa Vegetarian Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">WG Stromboli- w/Mozzarella, Pizza Sauce Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p style="text-align: center;">The PHS Pizzeria</p> <p style="text-align: center;">All Pizzas are made fresh daily.</p> <p style="text-align: center;">Complete Meal: \$ 3.25</p>	<p style="text-align: center;">Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Fresh Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Choose from Mozzarella, Pepperoni, or BBQ Chicken Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Choose from Mozzarella, Pepperoni, or Bacon Pizza Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Choose from Mozzarella, Pepperoni, or Buffalo Chicken Fresh Cut Red & Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Choose from Mozzarella, Pepperoni, or Personal Pizza-Cheese or Pepperoni Fresh Cut Cucumber with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p style="text-align: center;">The PHS Deli Sandwiches Prepared to Order</p> <p style="text-align: center;">Complete Meal: \$3.50</p> <p style="text-align: center;">Featured Deli Item ></p>	<p style="text-align: center;">Featured Deli Item</p> <p style="text-align: center;">Buffalo Chicken Wrap Fresh Made Potato Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p style="text-align: center;">Italian sausage and Pepper Sub w/Parmesan Cheese With Lettuce and Tomato Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p style="text-align: center;">Chef Salad w/Mixed Greens, Ham, Turkey, Cheese w/WG Roll, Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p style="text-align: center;">Turkey and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Fresh Cut Red & Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>	<p style="text-align: center;">Featured Deli Item</p> <p style="text-align: center;">Turkey & Cheese on a Whole Grain Kaiser Roll! Lettuce & Tomato Fresh Cut Cucumber with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk</p>
<p>Pricing: For a Complete Meal: Paid -\$ 2.75 Reduced -\$0 .40 Free to those students that qualify</p>	<p>Also Available Daily:</p> <p>Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing</p>	<p style="text-align: center;">WG=Whole Grain</p>			<p style="text-align: center;">See You Next Year!</p>