

November 2018

PLAINVILLE SCHOOL BREAKFAST MENU

Breakfast Price Paid- \$1.25

Reduced -\$.30

Free-to students that qualify

www.plainvilleschools.org

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p>WG=Whole Grain</p> <p>Breakfast is not served on Delayed Opening days</p>			<p>Mini Strawberry Pancakes With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">1</p>	<p>Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">2</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Whole Grain Cinnamon Roll With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">5</p>	<p>WG=Whole Grain</p>	<p>Whole Grain Maple Glazed French Toast With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">6</p>	<p>Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">7</p>	<p>Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">8</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Whole Grain Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">12</p>	<p>WG Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">13</p>	<p>Whole Grain Apple Bread Stick With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">14</p>	<p>Mini Cinnamon French Toast With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">15</p>	<p>Cherry Frudel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">16</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">19</p>	<p>Blueberry Glazed Pancake With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">20</p>	<p>Sweet Potato Breakfast Roll With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">21</p>	<p>Mini Bagels with Strawberry Cream Cheese With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">22</p>	<p>Cinnamon Breakfast Crumb Cake With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">23</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Whole Grain Honey Wheat Breakfast Donut! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">26</p>	<p>Whole Grain Pumpkin Bread! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">27</p>	<p>Whole Grain Maple Glazed French Toast! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">28</p>	<p>Whole Grain Cinnamon Roll With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">29</p>	<p>Whole Grain Chocolate Chip Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">30</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				

Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org