



January 2019 PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Prices- \$1.25
Reduced -\$.30
Free-to students that qualify
www.plainvilleschools.org

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p style="background-color: yellow; padding: 2px;">Breakfast is not served on Delayed Opening days</p> <p style="background-color: yellow; padding: 2px;">WG=Whole Grain</p>		<p>WG Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">2</p>	<p>Hot Breakfast! WG Egg & Cheese Bagel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">3</p>	<p>Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">4</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">7</p>	<p>Hot Breakfast! Sausage, Egg & Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">8</p>	<p>Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">9</p>	<p>Hot Breakfast! Bacon, Egg, Cheese on Toasted WG Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">10</p>	<p>Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">11</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">14</p>	<p>Hot Breakfast! WG Mini Pancakes w/Syrup With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">15</p>	<p>WG Honey Wheat Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">16</p>	<p>Hot Breakfast! Egg & Cheese on WG English Muffin With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">17</p>	<p>WG Chocolate Crescent With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">18</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
	<p>Hot Breakfast! Toasted WG Honey Wheat Bagel w/Cheese Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">22</p>	<p>WG Blueberry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">23</p>	<p>Hot Breakfast! WG Mini Pancakes w/Syrup Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">24</p>	<p>WG Cinnamon Roll With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">25</p>
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p>WG Honey Wheat Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">28</p>	<p>Hot Breakfast! Bacon, Egg, Cheese on Toasted WG Bun Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">29</p>	<p>WG Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">30</p>	<p>Hot Breakfast! Sausage Egg & Cheese on a WG English Muffin Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk</p> <p style="text-align: right;">31</p>	
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<p><i>Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org</i></p>				