

December 2018

PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Prices- \$1.25

Reduced -\$.30

Free-to students that qualify

www.plainvilleschools.org

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Whole Grain Honey Wheat Breakfast Donut! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 3	<u>Hot Breakfast!</u> Egg & Cheese on WG English Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 4	Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 5	<u>Hot Breakfast!</u> French Toast w/Syrup, Chicken Sausage Patty With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 6	Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 7
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 10	<u>Hot Breakfast!</u> Waffle w/Syrup, Chicken Sausage Patty With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 11	Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 12	<u>Hot Breakfast!</u> Bacon, Egg, Cheese on Toasted WG Bun With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 13	Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 14
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 17	<u>Hot Breakfast!</u> French Toast w/Chicken Sausage, Syrup Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 18	Whole Grain Honey Wheat Breakfast Donut! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 19	<u>Hot Breakfast!</u> Egg & Cheese on WG English Muffin With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 20	Cherry Frudel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 21
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
24	<h1 style="font-size: 2em;">Happy Holidays!</h1>	26	<b style="background-color: yellow;">Breakfast is not served on Delayed Opening days	<b style="background-color: yellow;">WG=Whole Grain
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
31				
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<i>Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org</i>				