



# MIDDLE SCHOOL OF PLAINVILLE

September 4 through September 7, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>	<p><b>Labor Day!</b></p>	<p><b>Whole Grain French Toast Sticks with Syrup!</b>            Chicken Sausage Patty            Oven Baked Tator tots            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Pasta with Meat Sauce!</b>            Steamed Seasoned Broccoli            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Stir Fry Chicken Over Fried Rice!</b>            Oriental Vegetables  <b>Fortune Cookie!</b>            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Breaded Boneless Pork Chop with Gravy!</b>            Whole Grain Dinner Roll            Mashed Potato            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <b>\$2.75</b></p>		<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Made Potato Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Broccoli Florets            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or Meatball!</b>            Fresh Cut Red and Green Pepper Strips            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Grape Tomato &amp; Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b>  <b>Complete Meal \$2.75</b></p>		<p><b>Turkey &amp; Cheese In a Whole Grain Tortilla Wrap!</b>            With Lettuce and Tomato            Fresh Made Potato Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Fresh Made Teriyaki Chicken Salad on a Whole Grain Grinder Roll!</b>            Fresh Broccoli Florets            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Ham &amp; Cheese on a Whole Grain Pretzel Roll!</b>            Lettuce &amp; Tomato            Fresh Cut Red and Green Pepper Strips            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Peanut Butter &amp; Jelly on A Whole Grain Kaiser Roll!</b>            With a Cheese Stick            Fresh Grape Tomato &amp; Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>

# MIDDLE SCHOOL OF PLAINVILLE

September 10 through September 14, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>	<p><b>Grilled Ham &amp; Cheese on Whole Grain Flat Bread!</b>  Green Leaf Lettuce with Olives, &amp; Mushrooms  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Whole Grain Breaded Chicken Patty on a Whole Grain Bun!</b>  With Lettuce &amp; Tomato  Fresh Made Southwest Bean Salad  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Whole Grain Breaded Mozzarella Sticks with Marinara Sauce!</b>  Steamed Romano Vegetables  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Stuffed Baked Potato!</b>  With Taco Meat, Broccoli, Cheddar Cheese, &amp; Sour Cream  Whole Grain Dinner Roll  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Sausage Egg &amp; Cheese On a Whole Grain Hard Roll!</b>  Fresh Cut Carrots with Dill  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <b>\$2.75</b></p>	<p><b>Freshly Prepared Pizza!</b>  Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>  Green Leaf Lettuce with Olives, &amp; Mushrooms  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>  Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>  Fresh Made Southwest Bean Salad  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>  Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>  Fresh Cut Celery &amp; Green Pepper Strips  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>  Choose from <b>Mozzarella, Pepperoni, or Tomato &amp; Fresh Basil!</b>  Fresh Made Sweet Corn Salad  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>  Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>  Fresh Cut Carrots with Dill  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b>  <b>Complete Meal \$2.75</b></p>	<p><b>Ham &amp; Cheese on a Whole Grain Kaiser Roll!</b>  Lettuce &amp; Tomato  Green Leaf Lettuce with Olives, &amp; Mushrooms  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Fresh Made Chicken Salad in a Whole Grain Wrap!</b>  Lettuce &amp; Tomato  Fresh Made Southwest Bean Salad  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Bacon, Lettuce, Tomato &amp; Turkey on Flatbread!</b>  Fresh Cut Celery &amp; Green Pepper Strips  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Peanut Butter &amp; Banana on A Whole Grain Kaiser Roll!</b>  With a Cheese Stick  Fresh Made Sweet Corn Salad  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>	<p><b>Fresh Made Popcorn Chicken Chef Salad!</b>  Whole Grain Dinner Roll  Choice of Fresh Fruit in Season or Chilled Fruit  Choice of Milk</p>

# MIDDLE SCHOOL OF PLAINVILLE

September 17 through September 21, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>	<p><b>Hamburger or Cheeseburger on a Whole Grain Bun with Onion Ring Garnish!</b>            Oven Baked Spiral Fries            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Breaded Chicken Nuggets!</b>            Whole Grain Noodles with Fresh Basil            Fresh Made Three Bean Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Three Cheese Calzone!</b>            With Pizza Sauce            Fresh Made Tomato &amp; Cucumber Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Grilled Chicken Fajita in a Whole Grain Tortilla!</b>            With Lettuce, Tomato, Salsa, &amp; Cheddar Cheese            Steamed Fajita Vegetables            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Sloppy Joe on a Whole Grain Kaiser Roll!</b>            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <b>\$2.75</b></p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Made Corn &amp; Pea Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Made Three Bean Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Made Tomato &amp; Cucumber Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or Sausage &amp; Pepper!</b>            Fresh Cut Red and Green Pepper Strips            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Freshly Prepared Pizza!</b>            Choose from <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b>  <b>Complete Meal \$2.75</b></p>	<p><b>Ham &amp; Cheese on a Whole Grain Pretzel Roll!</b>            Lettuce &amp; Tomato            Fresh Made Corn &amp; Pea Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Peanut Butter &amp; Fluff on A Whole Grain Kaiser Roll!</b>            With a Cheese Stick            Fresh Made Three Bean Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Turkey &amp; Cheese In a Whole Grain Tortilla Wrap!</b>            Lettuce &amp; Tomato            Fresh Made Tomato &amp; Cucumber Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Fresh Made Buffalo Chicken Salad on A Whole Grain Grinder Roll!</b>            Lettuce &amp; Tomato            Fresh Cut Red and Green Pepper Strips            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Bacon, Lettuce, Tomato &amp; Turkey on Flatbread!</b>            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>

# MIDDLE SCHOOL OF PLAINVILLE

September 24 through September 28, 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEAL DEALS</b>  <b>Complete Meals</b>  <b>\$2.75</b></p>	<p><b>Whole Grain Pancakes With Syrup!</b>            Sausage Links            Sweet Potato Waffle Fries            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Grilled Southwest Chicken Breast in a Whole Grain Bun!</b>            Lettuce &amp; Tomato            Black Bean &amp; Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Whole Grain Pasta with Meat Balls!</b>            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Beef Taco With Lettuce, Tomato, Salsa, &amp; Cheddar Cheese In a Whole Grain Tortilla!</b>            Fresh Made Mexican Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Oven Roasted BBQ Chicken!</b>            Whole Grain Dinner Roll            Fresh Cut Cucumber with Dill            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>Plainville School Pizzeria</b></p> <p><b>Complete Pizza Meal</b>  <b>\$2.75</b></p>	<p><i>Freshly Prepared Pizza!</i>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Cut Tomato            Wedges with Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Black Bean &amp; Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Green Leaf Tossed Garden Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose from  <b>Mozzarella, Pepperoni, or Buffalo Chicken!</b>            Fresh Made Mexican Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><i>Freshly Prepared Pizza!</i>            Choose from  <b>Mozzarella, Pepperoni, or White Pepperoni!</b>            Fresh Cut Cucumber with Dill            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>
<p><b>The Delectable Deli at Plainville Schools!</b></p> <p><b>Sandwiches and Wraps.</b>  <b>Complete Meal \$2.75</b></p>	<p><b>Peanut Butter &amp; Banana on A Whole Grain Kaiser Roll!</b>            With a Cheese Stick            Fresh Cut Tomato            Wedges with Basil            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Turkey &amp; Cheese on Whole Grain Flatbread!</b>            With Lettuce and Tomato            Black Bean &amp; Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Fresh Made Teriyaki Chicken Salad Chef Salad</b>            Whole Grain Dinner Roll            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Ham &amp; Cheese on a Whole Grain Pretzel Roll!</b>            Lettuce &amp; Tomato            Fresh Made Mexican Corn Salad            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>	<p><b>Peanut Butter &amp; Jelly on A Whole Grain Kaiser Roll!</b>            With a Cheese Stick            Fresh Cut Cucumber with Dill            Choice of Fresh Fruit in Season or Chilled Fruit            Choice of Milk</p>

# **MIDDLE SCHOOL OF PLAINVILLE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAL DEALS</b> <b>Complete Meals</b> <b>\$2.75</b>					
<b>Plainville School Pizzeria</b>  <b>Complete Pizza Meal</b> <b>\$2.75</b>					
<b>The Delectable Deli at Plainville Schools!</b>  <b>Sandwiches and Wraps.</b> <b>Complete Meal \$2.75</b>					
<b>SALADS &amp; SUCH</b> <b>Fresh Made Salad</b> <b>Entrees Priced to Go!</b>  <b>Complete Salad Meal</b> <b>\$2.75</b>					