

MSP December 2018 Lunch Menu

December 3 to December 7	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Beef Hamburger on a WG Bun, Turkey Bacon, Onion Ring Baked Crinkle Cut French Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	WG Mozzarella Stuffed Pizza sticks w/Marinara sauce Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Buffalo (Sauce) Chicken Patty on WG Roll BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Chicken Nuggets Mashed Potatoes w/Gravy, WG Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Stromboli w/Mozzarella. Pizza sauce Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or Meatball Pizza Green and Red Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Bacon Pizza Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Buffalo Chicken Fresh Cut Red & Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Tomato, Pepper& Onion Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Buffalo Chicken Wrap Green and Red Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Fresh Made Chicken Salad on a Whole Grain Grinder Roll! With Lettuce and Tomato Fresh 3 Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Wrap w/ Lettuce Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Ham and Cheese Wrap w/Lettuce, WG Tortilla Fresh Cut Red & Green Pepper Strips Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chicken Salad w/ WG Tortilla Wrap, Lettuce and Tomato Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free- to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing.	WG=Whole Grain Milk choices are: 1% White, Skim Chocolate, and Skim Strawberry.			

MSP December 2018 Lunch Menu

December 10 to December 14	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	Meatball Parmesan Hero on WG Roll, Marinara Sauce Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Grilled Chicken Fajita in a WG Tortilla With Cheese, Salsa, Onions & Peppers. Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Grilled Hot Dog on WG Roll w/Chili, Sauerkraut, Onion BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Soft Tacos w/ Meat sauce , Cheddar Cheese, & Salsa Whole Grain Dinner Roll Fiesta Corn Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Teriyaki Chicken w/Brown Rice Steamed Bok Choy Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Meatball Pizza BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Buffalo Chicken Fiesta Corn Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Mushroom & Onion Steamed Bok Choy Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Buffalo Chicken Wrap Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Fresh Made Chicken Salad on a Whole Grain Grinder Roll! With Lettuce and Tomato Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Chicken Wrap w/ Lettuce Green Leaf Tossed Garden Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Mexican Corn Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Salami, Ham & Turkey on WG Kaiser Roll Lettuce & Tomato Fresh Cut Cucumber with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain			

MSP December 2018 Lunch Menu

December 17 December 21	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Meal	WG Mozzarella Stuffed Breadsticks w/Marinara sauce Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Breakfast For Lunch Whole Grain French Toast Sticks with Syrup! Egg Patty Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	Holiday Dinner Turkey in Gravy w. Mashed Potatoes Whole Grain Stuffing Cranberry Sauce Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Buffalo Sauce Chicken Patty on WG Roll BBQ Baked Beans Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk	WG Stromboli-w/Mozzarella, Pizza Sauce Steamed Carrots Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk
The MSP Pizzeria All Pizzas are made fresh daily.	Choose from Mozzarella, Pepperoni, or White w/ Pepperoni Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or BBQ Chicken Sweet Potato Waffle Fries Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Bacon Pizza Mashed Potatoes Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Buffalo Chicken BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Choose from Mozzarella, Pepperoni, or Sausage & Pepper Steamed Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
The MSP Deli	Buffalo Chicken Wrap Fresh Three Bean Salad Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Fresh Made Chicken Salad on a Whole Grain Grinder Roll! With Lettuce and Tomato Celery and Carrot Sticks Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Chef Salad w/Mixed Greens, Ham, Turkey, Cheese w/WG Roll, Dressing Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey Ham and Swiss Cheese on WG Kaiser Roll Lettuce & Tomato Fresh Carrots Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk	Turkey & Cheese on a Whole Grain Kaiser Roll! Lettuce & Tomato Fresh Cut Cucumber with Dill Seasonal Fresh Fruit Chilled Fruit Cup Choice of Milk
Pricing: For a Complete Meal: Paid –\$ 2.75 Reduced -\$0 .40 Free to those students that qualify	Also Available Daily: Fresh Salad –mixed greens, tomato, cucumber, cheese and a WG Roll, Dressing	WG=Whole Grain		Happy Holidays!	See You Next Year!