

Plainville Community Schools

March 2018

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Website for online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Breaded Chicken Nuggets! With BBQ Dipping Sauce Whole Grain Egg Noodles Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 26	Whole Grain Pancakes with Syrup, & Choice of Strawberries, or Blueberries! Chicken Sausage Patty Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 28	Whole Grain Pasta with Meatballs! Marinara Sauce Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 28	Taco Nachos! Taco Meat, Diced Tomato, Lettuce, Cheddar Cheese & Salsa over Nacho Chips Fresh Made Mexican Corn Salad Choice of Fresh or Chilled Fruit & Milk 1	Fresh Made Pizza! Choice of Cheese, Pepperoni, or BBQ Chicken! Fresh Made Southwest Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 2
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Cheeseburger or Hamburger on a Whole Grain Bun! Sweet Potato Waffle Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 5	Chicken Fajita! Fajita Chicken, Lettuce, Tomato, Salsa, & Cheese Nestled in a Whole Grain Tortilla! Fajita Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 6	Whole Grain Breaded Mozzarella Sticks! Marinara Sauce Steamed Broccoli Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 7	Loaded Wedges! Baked Potato Wedges Smothered With Taco Meat, Broccoli, Cheese, & Sour Cream! Whole Grain Dinner Roll Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 8	Stuffed Crust Pizza! Choice of Cheese, or Pepperoni Fresh Made Cowboy Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 9
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Choice of Jelly or Fluff with Cheese Snack				
Boneless BBQ Pork Ribs On a Whole Grain Bun! Oven Baked Crinkle Cut Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 12	Oriental Chicken! Breaded Popcorn Chicken with Orange Sauce Served Over Fried Rice with Oriental Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Fortune Cookie! 13	Whole Grain Rotini with Meat Sauce! Green Leaf Tossed Garden Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 14	Pizza Sticks! Whole Grain Breadsticks Stuffed with Mozzarella Cheese, with Pizza Dipping Sauce! Fresh Cut Carrot Sticks & Light Ranch Dressing Choice of Fresh or Chilled Fruit & Milk 15	Professional Development Day, No School!
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
Whole Grain Breaded Crispy Chicken Patty On a Whole Grain Bun! Steamed Catalina Vegetables Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 19	Whole Grain French Toast Sticks! With Syrup Chicken Sausage Pattie Baked Potato Wedges Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 20	Chicken Quesadilla! Roasted Cubed Chicken Breast with Salsa & Cheddar Cheese, Nestled in a Whole Wheat Tortilla Steamed Spinach Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 21	Sloppy Joe on a Whole Grain Bun! Rockin' Bean Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 22	Fresh Made Pizza! Choice of Cheese, Pepperoni, or Broccoli & Garlic Fresh Made Tomato & Cucumber Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 23
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				
Honey Mustard Chicken Snack Wrap! Chicken Breast Strips with Honey Mustard Dressing, Lettuce & Tomato, & Cheddar Cheese, Wrapped in a Whole Grain Tortilla Steamed Green Beans Fresh or Chilled Fruit Choice of Milk 26	Grilled Cheese on Whole Grain Flatbread! Baked Smile Fries Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 27	Three Cheese Calzone with Pizza Sauce! Tomato, Basil & Mozzarella Salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 28	French Bread Pizza! Choice of Cheese or Pepperoni! Tossed Green Leaf Garden salad Choice of Fresh Fruit in Season or Chilled Fruit Choice of Milk 29	GOOD FRIDAY!
Daily Alternates: Bagel, Yogurt, & Cheese Stick or Peanut Butter Sandwich with Side of Jelly or Fluff with Cheese Snack				

Daily Alternates indicates main entrée alternative – All vegetable & fruit components listed on menu are available with Bagel and Peanut Butter Entree. Bagel & Yogurt meal also includes a cheese stick.

Non-fat chocolate, skim, or 1% milk is available with each lunch.

Call or e-mail us with questions or comments, Jim Bondi, Food Service Director at 793-3234 bondij@plainvilleschools.org