

Plainville Community Schools

December 2018

Gluten Free

ELEMENTARY SCHOOL MENU- Lunch Price \$2.50

Online payments: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatball Grinder w/GF Bun Steamed Carrot Rounds Seasonal Fresh Fruit Chilled Fruit Choice of Milk 3	Turkey Hot Dog on GF Bun BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Choice of Milk 4	GF Pasta w/ Meat Sauce. GF Roll Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Choice of Milk 5	BBQ Chicken on GF Bun Steamed Spinach Seasonal Fresh Fruit Chilled Fruit Choice of Milk 6	GF Pizza Shell Cheese, or BBQ Chicken Sweet Corn Salad Seasonal Fresh Fruit Chilled Fruit Choice of Milk 7
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed Salad w/cheese</i>				
Hamburger/Cheeseburger, Bacon on GF Roll Carrot Coins Seasonal Fresh Fruit Chilled Fruit Choice of Milk 10	Grilled Grilled Chicken Tenders, GF Roll Steamed Broccoli Seasonal Fresh Fruit Chilled Fruit Choice of Milk 11	Grilled Chicken & Cheese on GF Bun Oven Baked Tater Tots Seasonal Fresh Fruit Chilled Fruit Choice of Milk 12	2 -Tacos w/ Meat sauce, Lettuce, Tomato, Cheddar Cheese, & Salsa Black Beans Seasonal Fresh Fruit Chilled Fruit Choice of Milk 13	GF Pizza Shell Choice of Cheese, or Pepperoni Fresh Grape Tomato with Basil Seasonal Fresh Fruit Chilled Fruit Choice of Milk 14
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
Hamburger/Cheesburger on GF Bun BBQ Baked Beans Seasonal Fresh Fruit Chilled Fruit Choice of Milk 17	Grilled Cheese on GF Roll Oven Baked Tator Tots Seasonal Fresh Fruit Chilled Fruit Choice of Milk 18	Turkey Dinner Turkey in Au Jus w/GF Roll Mashed Potato Cranberry sauce Seasonal Fresh Fruit Chilled Fruit Choice of Milk 19	Grilled Chicken Patty on GF Roll Fresh Made Southwest Bean Salad Seasonal Fresh Fruit Chilled Fruit Choice of Milk 20	GF Pizza Shell -Cheese Pepperoni, or Roasted Tomato & Spinach Fresh Cut Cucumber with Dill Seasonal Fresh Fruit Chilled Fruit Choice of Milk 21
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
24	Happy Holidays! 25	26	GF=Gluten Free 27	28
Daily Alternates: <i>Bagel, Yogurt, & Cheese Stick or Peanut Butter & Jelly Sandwich w/Cheese Stick, or Tossed salad w/cheese</i>				
31				
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<p>Daily Alternates indicates main entrée alternative –Salad w/mixed greens tomato wedge, cucumber slices, cheese and WG roll. Choice of Non-fat chocolate, skim, or 1% milk is available</p> <p>Michael Koch, Food Service Director - 860-793-3234 kochm@plainvilleschools.org</p>				