

# November 2018

## PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Prices- \$1.25  
 Reduced -\$.30  
 Free-to students that qualify  
[www.plainvilleschools.org](http://www.plainvilleschools.org)

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>Breakfast is not served on Delayed Opening days</b>	<b>WG=Whole Grain</b>		Mini Strawberry Pancakes With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  1	Glazed Breakfast Donut With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  2
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Apple Cinnamon Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  5	 <b>ELECTION DAY</b>	Whole Grain Maple Glazed French Toast With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  7	Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  8	Whole Grain Pumpkin Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  9
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  12	WG Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  13	Whole Grain Apple Bread Stick With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  14	Mini Cinnamon French Toast With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  15	Cherry Frudel With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  16
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Apple Fruit Pocket With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  19	Blueberry Glazed Pancake With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  20	<u>Hot Breakfast!</u> French Toast w/Syrup, Chicken Sausage Patty With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  21	 <b>Happy Thanksgiving</b>	          23
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
Whole Grain Honey Wheat Breakfast Donut! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  26	Whole Grain Pumpkin Bread! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  27	Whole Grain Maple Glazed French Toast! With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  28	Whole Grain Blueberry Muffin With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  29	Whole Grain Mixed Berry Bread With Seasonal Fresh Fruit Chilled Fruit Cup or 100% Fruit Juice Choice of Milk  30
Daily Alternate: Whole Grain Cereal Assortment with Graham Crackers, Fresh or Chilled Cup Fruit, Choice of Milk				
<i>Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Michael Koch Food Service Director at 793-3234, kochm@plainvilleschools.org</i>				