

September 2018 PLAINVILLE SCHOOLS BREAKFAST MENU

Breakfast Price \$1.25

\$.30 for Those Eligible for Reduced Price Lunch

Free for Those Eligible for Free Lunch

Breakfast Is Not Served on Delayed Opening Days!

Please See the Plainville School Website for More Information

| <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
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| Welcome Back to Another Fantastic School Year! | Please note that those eligible for Free or Reduced Meals must submit a new application for this year by October 14 th ! Those that do not will lose free and reduced benefits! |  | | |
| Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk | | | | |
| Labor Day! | Mini Cinnamon French Toast! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 4 | Whole Grain Cherry Frudel! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 5 | Whole Grain Chocolate Crescent! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 6 | Maple Glazed Pancake! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 7 |
| Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk | | | | |
| Whole Grain Sweet Potato Roll! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 10 | Banana Chocolate Breakfast Bar! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 11 | Whole Grain Cinnamon Breakfast Crumb Cake! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 12 | Whole Grain Honey Wheat Breakfast Donut! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 13 | Whole Grain Pumpkin Bread! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 14 |
| Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk | | | | |
| Whole Grain French Toast Breakfast bar! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 17 | Whole Grain Apple Breakfast Roll! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 18 | Mini Cinnamon Rolls! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 19 | Whole Grain Chocolate Chip Breakfast Bar! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 20 | Whole Grain Strawberry Banana Muffin! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 21 |
| Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk | | | | |
| Whole Grain Blueberry Bread! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 24 | Mini Maple Pancakes! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 25 | Whole Grain Apple Frudel! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 26 | Mini Eggo Waffle! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 27 | Whole Grain Mixed Berry Breadt! With Choice of Fresh Fruit in Season Chilled Fruit Cup or 100% Fruit Juice Choice of Milk 28 |
| Daily Alternate: Whole Grain Cereal Assortment with Wheat Roll, Fresh or Chilled Fruit, Choice of Milk | | | | |

Daily Alternate indicates main Breakfast entrée alternative – Fruit components listed on menu are available with cereal alternative. Wheat Bread or Roll is also available with cereal alternative. Non-fat chocolate, skim, or 1% milk is available with each Breakfast. Students can use meal account funds to pay for Breakfast! Call or e-mail us with questions or comments, Food Service Office at 793-3234